

## 1. General Course Information

## 1.1 Course Details

Course Code:	1803NRS
Course Name:	Foundations of Professional Nursing
Trimester:	Trimester 1, 2022
Program:	Diploma of Health Care
Credit Points:	10
Course Coordinator:	Patricia Jones/Gigie Rogers
Document modified:	10 February 2022

## **Course Description**

To work successfully as a professional healthcare practitioner in contemporary healthcare settings, a registered nurse must understand the key concepts and principles that underpin professional nursing practice. This course aims to develop foundational knowledge, values, and skills for professional practice as a registered nurse. Students will be introduced to the curriculum model, as well as the university and clinical learning contexts. Students will learn about reflective practice, critical thinking, and the nursing process and their importance for professional nursing practice. Students will be introduced to caring as well as professional nursing standards as they develop beginning skills and construct their nursing identity. There will be an opportunity to vision the future by knowing the past and explore historical and contemporary factors that influence health care and nursing practice. Students will examine power and politics in the practice of nursing, and the nurses' role as an advocate. Students will be introduced to the importance of cultural capability and working with First Australian peoples.

## Assumed Knowledge

There are no prerequisites for this course.

Co-requisite CMR100 Clinical mandatory requirements portfolio.

While there are no placement components within the Diploma, as part of the program, students will be required to complete clinical mandatory requirements (CMRs) relating to immunisation, having a Queensland Blue Card, a Federal Police National Criminal Check, International Police Clearance, Deed Polls, Queensland Health Student Orientation, First Aid, and CPR certification to be eligible to participate in clinical placement immediately following student progression to the Griffith University Bachelor of Nursing. These requirements will be completed as a Professional Portfolio and must be submitted by the end of the student's 2<sup>nd</sup> trimester of enrolment. By completing the CMRs as part of the Diploma, students will also be sufficiently prepared for entry to the workplace should they choose not to progress immediately to the degree on graduating with the Diploma.

## 1.2 Teaching Team

Your teacher/s can be contacted via email as below:

You will also find their email in the Teacher's tile on your Course Site.

Name	Email
Gigie Rogers	gigie.rogers@staff.griffithcollege.edu.au
Cris Purvis	cristine.purvis@staff.griffithcollege.edu.au
Nicole Fraser-Lyons	nifr@portal.griffithcollege.edu.au
Isabel Wang	iswa@portal.griffithcollege.edu.au

## 1.3 Meet with your teacher

Your teacher is available each week to meet outside of normal class times. This is called consultation. Times that your teacher will be available for consultation will be found on the Teacher's tile on your Course Site.

## 1.4 Timetable

Your timetable is available on the Griffith College Digital Campus at My Apps, Timetable.

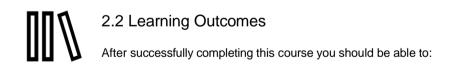
## **1.5 Technical Specifications**

All students must have access to a computer or suitable mobile device such as desktop, laptop, or tablet. In addition, up-to-date browser access, a reliable high-speed internet connection with enough upload and download capacity, a webcam and headset including microphone are needed.

## 2. Aims, Outcomes & Generic Skills

## 2.1 Course Aims

This course aims to develop foundational knowledge for professional practice as a registered nurse. Students will explore historical and contemporary factors that impact professional nursing practice in the Australian healthcare system.



After successfully completing this course you should be able to:

1.Describe the value of reflective practice and its importance in nursing.

2. Discuss historical and contemporary factors that influence healthcare and healthcare access in Australia's diverse society, and how they impact nursing practice

3. Demonstrate beginner-level nursing care in simulated settings which is consistent with the Nursing and Midwifery Board of Australia (NMBA) Registered Nurse Standards for Practice



## 2.3 Generic Skills and Capabilities

For further details on the Generic Skills please refer to the <u>Graduate Generic Skills and</u> <u>Capabilities policy</u>.

Griffith College aims to develop graduates who have an open and critical approach to learning and a capacity for lifelong learning. Through engagement in their studies, students are provided with opportunities to begin the development of these and other generic skills.

Studies in this course will give you opportunities to begin to develop the following skills:

Generic Skills and Capabilities			Practised	Assessed
Acquisition of discipline knowledge and skills with critical judgement	<b>%</b>	$\checkmark$	$\checkmark$	$\checkmark$
Communication and collaboration	:	$\checkmark$	$\checkmark$	$\checkmark$
Self-directed and active learning		$\checkmark$	$\checkmark$	
Creative and future thinking	J	$\checkmark$	$\checkmark$	$\checkmark$
Social responsibility and ethical awareness	Ţ	$\checkmark$	$\checkmark$	$\checkmark$
Cultural competence and awareness in a culturally diverse environment	<b>††††</b>	$\checkmark$	$\checkmark$	$\checkmark$



3. Learning Resources

## 3.1 Required Learning Resources

Daly, J. & Jackson, D. (2021). Contexts of Nursing (6th ed.). Elsevier.

Foundations of Professional Health Care Practice Learning Experience and Laboratory Workbook - Available on the course site

## 3.2 Recommended Learning Resources

Crisp, J. Douglas, C, Rebeiro, G., & Waters, D. Potter and Perry's fundamentals of nursing (5<sup>th</sup> ed.).Elsevier. Tollefson, J. & Hillman, E. (2022).*Clinical Psychomotor Skills: Assessment tools for nurses* (8<sup>th</sup> ed). Cengage

## 3.3 College Support Services and Learning Resources

Griffith College provides many facilities and support services to assist students in their studies. Links to information about support resources that are available to students are included below for easy reference.

- <u>Digital Library</u> Databases to which Griffith College students have access to through the Griffith Library Databases.
- <u>Study Toolbox</u> there is a dedicated website for this course on the Griffith College Digital Campus.
- Academic Integrity Griffith College is committed to ensuring academic integrity is understood and maintained by all staff and students. All students learn about academic integrity through engagement with Academic Integrity online modules within the Academic and Professional Studies course.
- <u>Services and Support</u> provides a range of services to support students throughout their studies including
  academic advice and assignment help from Student Learning Advisors, and personal and welfare
  support from Student Counsellors.
- Jobs and Employment in the Student Hub can assist students with career direction, resume and interview preparation, job search tips, and more.
- <u>IT Support</u> provides details of accessing support, information on s numbers and internet access and computer lab rules.

## 3.4 Other Information about your Learning

### Preparation and Participation in Learning

You need to prepare before attending your scheduled learning experience. Work through the learning content prepared by your teacher which is found on the course site. Make sure you complete the learning activities set each week, they are designed to support your learning. Active participation in your learning will enhance your success. Ask questions when something is unclear or when you want to bring some issue to your teacher's attention; respond to questions to test your knowledge and engage in discussion to help yourself and others learn.

### Attendance

You are expected to actively engage in all learning experiences which underpin the learning content in this course. You are expected to engage with the learning content and learning activities outside of timetabled class times. This requires you to be an active agent of your learning. You are expected to bring all necessary learning resources to class such as the required textbook and /or Workbook. In addition, you are encouraged to BYOD (bring your own device) to class such as a laptop or tablet. This is not a requirement as computer lab facilities are available on campus, however, the use of such devices in the classroom is encouraged with appropriate and considerate use principles being a priority.

### **Consultation Sessions**

Teachers offer extra time each week to assist students outside the classroom. This is known as 'consultation time.' You may seek assistance from your teacher on email or in person according to how the teacher has explained this to the class. Attendance during consultation time is optional but you are encouraged to use this extra help to improve your learning outcomes.

### **Course Learning Materials**

Learning materials are made available to you in the course site. The learning materials are arranged in Modules. In each Module you will find Learning Content, Learning Experiences and Learning Activities. Learning Content will be engaged with prior to the scheduled Learning Experience (your weekly class). This will ensure you are prepared for the scheduled Learning Experience by being aware of the content to be covered and therefore will be able to actively participate in the session. Learning Activities are accessed after the scheduled session for purposes of review, consolidation of learning, and preparation for the Evidence of Learning Tasks in the course. In addition, **Anytime Anywhere** learning material is provided in the course. This learning material provides support, interactive tools and directions for students who occasionally cannot attend the weekly scheduled Learning Experience (either in person or on Zoom) perhaps due to illness or other commitments. The Anytime Anywhere learning material should also be used in conjunction with Learning Content and Learning Activities resources.

### Self-Directed Learning

You will be expected to learn independently. This means you must organise and engage with the course learning content even when you are not specifically asked to do so by your teacher. The weekly guide will be helpful to organise your learning. This involves revising the weekly course learning material and completing the learning activities. It also means you will need to find additional information to evidence your learning beyond that given to you, and to construct your own response to a question or topic. All of this requires careful planning of your time. Expect to spend, on average, at least 10 hours per week including class time for each of your courses.

### **Program Progression**

You are reminded that satisfactory Program Progression requires that attendance in classes is maintained at equal to or greater than 80%, students are engaged in their learning and that GPA is maintained at equal to or greater than 3.5 [please see Griffith College Policy Library - <u>Program</u> <u>Progression Policy</u> - for more information].

### **Teacher and Course Evaluation**

Your feedback is respected and valued by your teachers. You are encouraged to provide your thoughts on the course and teaching, both positive and critical, directly to your teacher or by completing course and teacher evaluations via Griffith College's evaluation tool whenever these are available.



4. Learning Content, Learning Experiences and Learning Activities

# 4.1. Modules for Learning and Weekly Learning Content, Learning Experiences and Learning Activities

tion to the professional role a Introduction to the course	And healthcare landscape Required Reading: Daly & Jackson Chapters 1 & 2 Complete pre-learning	Assessment Item 1 Reflective Essay Due Week 4	1
Introduction to the course Overview of	Required Reading: Daly & Jackson Chapters 1 & 2	Reflective Essay Due Week 4	1
course les Overview of	Daly & Jackson Chapters 1 & 2	Reflective Essay Due Week 4	1
	Complete pre-learning		
assessments and requirements including CMR	experience workbook tasks & self-directed learning activities	Remember to start off ticking your CMR requirements for T2	
y self-directed learning activities.	Go to CMR100 Course site and save a copy of the CMR checklist		
(	y self-directed learning activities. ds,	y self-directed learning activities. Course site and save a copy of the CMR checklist	y self-directed learning activities. Course site and save a copy of the CMR checklist

Module 2: Becoming a nurse						
2	Developing a professional identity Reflective Practice: What, why and how? Becoming a critical thinker	Assessment 1: Feed forward activities APA referencing 7 <sup>th</sup> edition CMR reminder	Required Reading: Daly & Jackson: Chapters 5 & 6 Go to Griffith Health Writing and Referencing Guidelines and choose a topic to review – this will be shared in class. Go to CMR100 Course site and view immunisation fact sheets Complete pre-learning experience workbook tasks & self-directed learning activities	Draft of Reflective essay – to be discussed in class.	1	
	Module 3: Professional	caring				
3	Nursing care and nurse caring Professional caring when working in simulated settings Supporting the activities of daily living	Group work and individual activities incorporating: - Discussion - Games - Completion of learning experience workbook activities Assessment 1 Feed forward activities	Required Reading: Daly & Jackson: Chapter 4 Go to CMR100 Course site and continue to work on the CMR checklist Complete pre-learning experience workbook tasks & self-directed learning activities		2	
	Module 4: Equity, social justice, and access					
4	Professional conduct and ethics, standards, codes , and guidelines Power and politics in the practice of nursing		Required Reading: Daly & Jackson: Chapters 8, 9, 10 Complete Pre-learning experience workbook activities	Assessment Item 1 DUE	2	
5	Understanding the advocacy Cultural awareness Nurses working with First Australian Peoples	Group work and individual activities incorporating: - Discussion - Games - Completing learning experience workbook activities Assessment 2 Essay overview CMR Reminder Assessment 2 overview and feed forward activities	Required Reading: Daly & Jackson: Chapters 16 & 19 Go to CMR100 Course site and view Police check, Self- disclosure form Complete pre-learning experience workbook and learning activities Complete Hand Hygiene Australia online module and print off Certificate.	Essay 2 discussion and draft	2	

6	Technology, informatics, and professional empowerment Nursing and social media Interprofessional teamwork Introduction to patient care, activities of daily living /manual handling and safety Assessment 2 discussion	Assessment 2 overview and feed forward acrivities CMR Reminder Lab 1 Introduction to the simulated environment Hand hygiene	Required Reading: Daly & Jackson Chapters 3,13 &14 Hand Hygiene Demonstration Professional caring when working in simulated settings Hand hygiene module Required Reading: Tollefson & Hillman: Chapter 5 - Hand Hygiene Complete pre-learning experience and pre- simulation lab workbook activities Watch the videos in the course site.	Essay 2 plan to be discussed in class Hand Hygiene assessment and certificate due this week. Print off HH Certificate and bring to the labs or learning experience session. Completion of online module needed prior to attempting the HH assessment. Maths diagnostic Week 6	3
	Module 3: Professional of	caring		·	
7	Professional caring when working in simulated settings Manual handling & safety Principles of mobilisation Patient positioning Falls risk assessment Use of slide sheet Assessment 2 discussion	Assessment 2 Feed forward activities Lab 2 Continue HH Assessment Manual Handling and safety Principles of mobilisation	Continue HH Assessment Required Reading- Tollefson & Hillman: Chapter 57 – Assisting a person to reposition Chapter 58 – Assisting a person to mobilise Complete Pre-learning experience and simulation lab workbook activities Watch the videos in the course site.	Continue HH assessment	3
8	Professional caring when working in simulated settings Patient Hygiene Pressure Injury risk assessment	Assessment 2 Feed forward activities Lab 3 Bed making Patient Hygiene Care plan documentation Pressure Injury Risk Assessment form Oral, hair care, nail care, shaving	Complete Pre-learning experience and simulation lab workbook activities Required Reading- Tollefson & Hillman: Chapter 55 – Bed bath or assisted shower Chapter 56 – Oral care, nail care and shaving Chapter 57 – Assisting a person to reposition Chapter 59 – Pressure injury care – preventing pressure injuries.	Essay 2 Due	3

	Module 5: Professional nursing in Practice				
9	<ul> <li>Self-evaluation of nursing knowledge and skills (includes maths diagnostic)</li> </ul>	Lab 4 Nutrition Fluid balance Feeding a patient Dysphagia	Complete Pre- learning experience and pre-simulation lab workbook activities		3
	<ul> <li>Developing professional caring skills for practice</li> <li>Understanding OSCE</li> </ul>		Required Reading- Tollefson & Hillman: Assisting with Fluid and Nutritional status Chapter 28 & 30		
10	<ul> <li>Inter-disciplinary team / Nurses' role as part of a multidisciplinary healthcare team</li> <li>Revision</li> </ul>	Lab 5 Putting it all together – OSCE practice Case study practice	Required Reading: Daly & Jackson Chapters 3,13 &14	OSCE practice	3
Exam Week				OSCE	3

# 4.2. Practical Laboratory Classes

Practical laboratory classes commence in Week 6 and are delivered every week until Week 10. Topics are detailed in 4.1 Learning Experience Simulation Laboratory sessions. Please look out for the timetable details.



# 5. Evidence of Learning

# 5.1 Evidence of Learning Summary

	Evidence of Learning	Weighting	Learning Outcome	Due Date
	臝	<b>di.</b>	001	
1	Reflective Essay	20%	1	Week 4
2	Written Assignment – Essay 2	40%	2	Week 8
3	Hand Hygiene Demonstration and Certificate	5%	3	Week 6 & 7
4	Maths Diagnostic	5%	3	Week 6
5	OSCE	30%	3	Week 11

## 5.2 Evidence of Learning Task Detail

### 1. Evidence of Learning Task 1: Essay (20%)

Task Type: Essay Due Date: Week 4 Weight: 20%, Marked out of: 100 Length: 850 words

**Task Description:** The reflective essay provides students with an opportunity to demonstrate their ability to construct a short essay on why reflective practice is important to nurses. This assessment is scheduled early in the trimester so that students can receive early feedback to facilitate any further learning that may be required or to address any identified areas for development in academic writing.

In this written assessment, students will explore reflective practice from personal and professional perspectives drawing on scholarly evidence to support their argument. This assignment is supported by tutorial / workshop activities that assist this assessment item.

**Criteria and Marking:** Students are assessed against established criteria which will be published on the 1803NRS MyStudy course site. The writing must be in appropriate academic style, using correct spelling, grammar, and punctuation

Submission: Turnitin via the course site

### 2. Evidence of Learning Task 2: Essay (40%)

Task Type: Essay Due Date: Week 8 Weight: 40%, Marked out of: 100 Length: 1500 words Task Description: This essay provides students with an opportunity to demonstrate their ability to write academically while exploring topics that are integral to their development as a beginning registered nurse. Students will demonstrate their understanding of the historical, political and socio-cultural influences that shape healthcare and healthcare access in Australian society. Criteria and Marking: Students are accessed against established criteria which will be published on the

**Criteria and Marking:** Students are assessed against established criteria which will be published on the 1803NRS MyStudy course site. The writing must be in appropriate academic style, using correct spelling, grammar, sentence structure and punctuation.

Submission: Turnitin via the course site

### 3. Evidence of Learning Task 3: Hand Hygiene Demonstration and Certificate (5%)

**Task Type**: Hand Hygiene Demonstration and online Module **Due Date**: Week 6 & 7

Weight: 5%, Marked out of: 10

Length: n/a

**Task Description:** All health care professionals need to be proficient at hand hygiene as it is the most important strategy in preventing Healthcare Associated Infections. Students will complete the Australian Commission on Safety and Quality in Health Care on-line Module 1. Hand Hygiene Nursing /Midwifery module. Details including a link to this site will be available in the course site.

The Hand Hygiene Demonstration is a practical examination conducted in a simlab class. Students will demonstrate the skill and the grade will be recorded in the gradebook contributing to the overall course mark. Students will need to repeat hand hygiene until 10/10 (100%) is achieved.

**Criteria and Marking:** The marking Criteria is available in the Clinical Laboratory Workbook **Submission:** Online quiz and in-person practical demonstration

### 4. Evidence of Learning Task 4: Maths Diagnostic (5%)

Task Type: Online Multiple Choice Quiz
Due Date: Week 10
Weight: 5%, Marked out of: 20
Length: n/a
Task Description: Online quiz will consist of 20 multiple choice questions. The quiz questions reflect the knowledge gained from completing the SimLab workbook, online modules and attending Simulation Laboratories.
Criteria and Marking: Students are assessed against established criteria which will be published on the 1803NRS MyStudy course site.

Submission: Online quiz

### 5. Evidence of Learning Task 5: Objective Structured Clinical Examination (OSCE) (30%)

Task Type: Objective Structured Clinical Examination (OSCE) Due Date: Week 11 Weight: 30%, Marked out of: 30

### Length: n/a

**Task Description:** Students will complete the OSCE during the College Exam Week in the Simulation Laboratories. The OSCE allows students to demonstrate the practical skills of activities of daily living, manual handling, completing a pressure injury assessment tool and/or a fluid balance chart in a scenario based simulated laboratory setting.

Criteria and Marking: Students are assessed against established criteria which will be published on the 1803NRS MyStudy course site

Submission: In-person practical demonstration

In order to pass this Course, students must:

- A. Attempt all assessment items
- B. demonstrate assurance of learning of all learning outcomes through graded Evidence of Learning Tasks.
- C. Mandatory pass components and re-attempts for Evidence of Learning 1, 2 & 5

### 5.3 Late Submission

An Evidence of Learning Task submitted after the due date, without an approved extension from the teacher, will be penalised. The standard penalty is the reduction of the mark allocated to the Evidence of Learning Task by 5% of the maximum mark applicable for the Evidence of Learning Task, for each working day or part working day that the task is late. Evidence of learning tasks submitted more than five working days after the due date are awarded zero marks.

Please refer to the Griffith College website - Policy Library > <u>Assessment Policy</u> for guidelines and penalties for late submission.

## 5.4 Other Information about Evidence of Learning

### **Retention of Originals**

You must be able to produce a copy of all work submitted if so requested. Copies should be retained until after the release of final results for the Course.

### **Requests for extension**

To apply for an extension of time for an evidence of learning task, you must submit an <u>Application for Extension</u> of <u>Assignment</u> form to your teacher at least 24 hours before the date the assignment is due. Grounds for extensions are usually: serious illness, accident, disability, bereavement or other compassionate circumstances and must be able to be substantiated with relevant documentation [e.g. <u>Griffith College Student Medical</u> <u>Certificate</u>]. Please refer to the Griffith College website – <u>Policy Library</u> for guidelines regarding extensions and deferred Evidence of Learning Tasks.

### **Return of Evidence of Learning Tasks**

- Marks awarded for in-trimester evidence of learning tasks, except those being moderated externally with Griffith University, will be available on the course site within fourteen [14] days of the due date. This does not apply to the final evidence of learning task in this course (marks for this task will be provided with the final course result).
- 2. Students will be advised of their final grade through the Digital Campus. Students can review their final exam papers after student grades have been published. Review of final exam papers will not be permitted after the final date to enrol.
- 3. Marks for **all** evidence of learning tasks including the final exam (if applicable) will be recorded in the Course Site and made available to students through the Course Site.

The sum of your marks of evidence of learning tasks in this course does not necessarily imply your final grade for the course. Standard grade cut off scores can be varied for particular courses, so you need to wait for the official release of grades to be sure of your grade for this course.

## 6. Policies & Guidelines

Griffith College Evidence of Learning Tasks-related policies can be found in the <u>Griffith College Policy Library</u> which include the following policies:

Assessment Policy, Special Consideration, Deferred Assessment, Alternate Exam Sittings, Medical Certificates, Academic Integrity, Finalisation of Results, Review of Marks, Moderation of Assessment, Turn-it-in Software Use. These policies can be accessed within the Policy Library

**Academic Integrity** Griffith College is committed to maintaining high academic standards to protect the value of its qualifications. Academic integrity means acting with the values of honesty, trust, fairness, respect and responsibility in learning, teaching and research. It is important for students, teachers, researchers and all staff to act in an honest way, be responsible for their actions, and show fairness in every part of their work. Academic integrity is important for an individual's and the College's reputation.

All staff and students of the College are responsible for academic integrity. As a student, you are expected to conduct your studies honestly, ethically and in accordance with accepted standards of academic conduct. Any form of academic conduct that is contrary to these standards is considered a breach of academic integrity and is unacceptable.

Some students deliberately breach academic integrity standards with intent to deceive. This conscious, premeditated form of cheating is considered to be one of the most serious forms of fraudulent academic behaviour, for which the College has zero tolerance and for which penalties, including exclusion from the College, will be applied.

However, Griffith College also recognises many students breach academic integrity standards without intent to deceive. In these cases, students may be required to undertake additional educational activities to remediate their behaviour and may also be provided appropriate advice by academic staff.

As you undertake your studies at Griffith College, your teachers and academic advisors will provide you with guidance to understand and maintain academic integrity; however, it is also your responsibility to seek out guidance if and when you are unsure about appropriate academic conduct.

In the case of an allegation of a breach of academic integrity being made against a student he or she may request the guidance and support of a Griffith College Student Learning Advisor or Student Counsellor.

Please ensure that you are familiar with the Griffith College Academic Integrity Policy; this policy provides an overview of some of the behaviours that are considered breaches of academic integrity, as well as the penalties and processes involved when a breach is identified.

For further information please refer to the Griffith College website - Policy Library > Academic Integrity Policy

### Reasonable Adjustments for Evidence of Learning Tasks - The Disability Services policy

The <u>Disability Services policy</u> (accessed within the <u>Policy Library</u>) outlines the principles and processes that guide the College in making reasonable adjustments to Evidence of Learning Tasks for students with disabilities while maintaining academic robustness of its programs.

### **Risk Assessment Statement**

This course follows Griffith College and Griffith University Workplace Health and Safety Laboratory guidelines.

The aim of workplace health and safety is to make sure that people do not get sick or injured at the workplace. The legislation dealing with this in Queensland is called the Workplace Health and Safety Act, 1995. Anyone who can affect workplace health and safety has an obligation under this Act.

As a student, you have an obligation to yourself and others to undertake activities in a safe manner. You must follow instructions which are provided for safety. You must not put yourself or anyone else at risk. Care especially needs to be taken when you are performing activities which can affect others. Additional Laboratory Rules if applicable will be available on the course site via the Griffith College Digital Campus.

It is imperative that students follow all health and safety procedures & clinical nursing guidelines, as well as any staff instructions given whilst in the lab.

Copyright © - Griffith College

Note: Griffith College acknowledges content derived from Griffith University in Diploma level courses, as applicable.