



1. General Course Information

1.1 Course Details

Course Code:	1803NRS
Course Name:	Foundations of Professional Health Care Practice
Trimester:	Health Care Trimester 2, 2021
Program:	Diploma of Health Care
Credit Points:	10
Course Coordinator:	Patricia Jones/Gigie Rogers
Document modified:	29 April 2021

Course Description

Foundations of Professional Health Care Practice enables students to examine the development of nursing standards and issues related to nursing care and nurse caring. Students will vision the future by knowing the past and will be encouraged to develop critical thinking and reflective approaches to nursing practice in relation to what, why and how. Students will examine power and politics in the practice of nursing, and the nurses' role as part of an inter-disciplinary healthcare team. Issues related to technology and professional empowerment in nursing will be explored. Students will be introduced to the importance of cultural awareness and working with First Australian peoples and will also develop some beginning skills in nursing care.

Assumed Knowledge

There are no prerequisites for this course.

1.2 Teaching Team

Your lecturer/tutor can be contacted via the email system on the portal.

Name	Email
Patricia Jones	patricia.jones@staff.griffithcollege.edu.au
Gigie Rogers	Gigie.rogers@staff.griffithcollege.edu.au
Nicole Fraser-Lyons	nifr@portal.griffithcollege.edu.au

1.3 Staff Consultation

Your lecturer/tutor is available each week for consultation outside of normal class times. Times that your lecturer/tutor will be available for consultation will be found on the Moodle Course Site.

1.4 Timetable

Your timetable is available on the Griffith College Portal at Class Timetable in Student and Services.

1.5 Technical Specifications

All students must have access to a computer or suitable mobile device.

2. Aims, Outcomes & Generic Skills

2.1 Course Aims

This course aims to develop foundational knowledge, values and skills for professional practice as a registered nurse. Students will explore historical and contemporary factors that influence professional nursing practice in the Australian healthcare system.



2.2 Learning Outcomes

After successfully completing this course you should be able to:

1. Describe the value of reflective practice in nursing.
2. Discuss how nurses engage with the historical, political, and socio-cultural influences that shape health care and healthcare access in Australian society.
3. Demonstrate professional caring when working with clients in a simulated setting.



2.3 Generic Skills and Capabilities

For further details on the Generic Skills please refer to the [Graduate Generic Skills and Capabilities policy](#).

Griffith College aims to develop graduates who have an open and critical approach to learning and a capacity for lifelong learning. Through engagement in their studies, students are provided with opportunities to begin the development of these and other generic skills.

Studies in this course will give students opportunities to begin to develop the following skills:

Generic Skills and Capabilities		Taught	Practised	Assessed
Acquisition of discipline knowledge and skills with critical judgement		✓	✓	✓
Communication and collaboration		✓	✓	✓
Self-directed and active learning		✓	✓	
Creative and future thinking		✓	✓	
Social responsibility and ethical awareness		✓	✓	✓
Cultural competence and awareness in a culturally diverse environment		✓	✓	✓



3. Learning Resources

3.1 Required Learning Resources

1. Daly, J. & Jackson, D. (2021). *Contexts of Nursing, 6th Edition*. Elsevier
2. Foundations of Professional Health Care Practice Learning Experience and Laboratory Workbook Available on the course site

3.2 Recommended Learning Resources

- DeLaune, S. C., Ladner, P. K., McTier, L., Tollefson, J. & Lawrence, J. (2016). *Australian and New Zealand Fundamentals of Nursing (1st ed.)*. Cengage Learning Australia.
- Tollefson, J., Hillman, E. (2016). *Clinical psychomotor skills: assessment tools for nurses (7th ed.)*. Cengage Learning Australia.

3.3 College Support Services and Learning Resources

The College provides many facilities and support services to assist students in their studies. Links to information about College support resources that are available to students are included below for easy reference.

[Digital Library](#) – Databases to which Griffith College students have access to through the Griffith Library Databases.

MyStudy – there is a dedicated website for this course via MyStudy on the Griffith College Portal.

Academic Integrity - Griffith College is committed to ensuring academic integrity is understood and maintained by all staff and students. All students learn about academic integrity through engagement with the weighted Epigeum modules within the suite of Academic and Professional Studies courses.

Services and Support provides a range of services to support students throughout their studies including academic advice and assignment help from Student Learning Advisors, and personal and welfare support from Student Counsellors.

[Jobs and Employment](#) in the Student Hub can assist students with career direction, resume and interview preparation, job search tips, and more.

[IT Support](#) provides details of accessing support, information on s numbers and internet access and computer lab rules.

3.4 Other Information about your Learning

Attendance

You are expected to actively engage in all learning experiences and learning activities which underpin the learning content in this course. You are also expected to engage with the learning content and learning activities outside of your timetabled class times. This requires you to be an active agent of your learning. You are expected to bring all necessary learning resources to class such as the required textbook and /or Workbook. In addition, you are encouraged to BYOD (bring your own device) to class such as a laptop or tablet. This is not a requirement as computer lab facilities are available on campus; however, the use of such devices in the classroom is encouraged with appropriate and considerate use principles being a priority.

Preparation and Participation in Learning

In order to enhance your learning, you need to prepare before participating in the learning experiences. Absorb the learning content and complete the learning activities that are provided online before you attend the scheduled learning experiences. Make sure you complete the learning activities set each week, they are designed to support your learning. Active participation in your learning will enhance your success. Ask questions when something is unclear or when you want to bring some issue to your lecturer or tutor's attention; respond to questions to test your knowledge and engage in discussion to help yourself and others learn.

Consultation Sessions

Teachers offer extra time each week to assist students outside the classroom. This is known as 'consultation time.' You may seek assistance from your teacher on email or in person according to how the teacher has explained this to the class. Attendance during consultation time is optional but you are encouraged to use this extra help to improve your learning outcomes.

Course Learning Materials

Learning materials are made available to you in MyStudy on the Griffith College Portal. The learning materials are arranged in Modules. In each Module you will find Learning Content, Learning Experiences and Learning Activities. **Learning Content** will be engaged with prior to the scheduled **Learning Experience (your weekly class)**. This will ensure you are prepared for the scheduled Learning Experience by being aware of the content to be covered and therefore will be able to actively participate in the session. **Learning Activities** are accessed after the scheduled session for purposes of review, consolidation of learning, and preparation for the Evidence of Learning tasks (assessment) in the course.

In addition, **Anytime Anywhere** learning material is provided in the course. This learning material provides support, interactive tools and directions for students who occasionally cannot attend the weekly scheduled Learning Experience (either in person or on Zoom) perhaps due to illness or other commitments. The Anytime Anywhere learning material should also be used in conjunction with Learning Content and Learning Activities resources.

Self-Directed Learning

You will be expected to learn independently. This means you must organise and engage with the course learning content even when you are not specifically asked to do so by your lecturer or tutor. The weekly guide will be helpful to organise your learning. This involves revising the weekly course learning material and completing the learning activities. It also means that you will need to find additional information to evidence your learning (assessment) beyond that given to you, and to construct your own response to a question or topic. All of these require careful planning of your time. Expect to spend, on average, at least 10 hours per week including class time for each of your courses.

Program Progression

You are reminded that satisfactory Program Progression requires that attendance in classes is maintained at equal to or greater than 80%, and that GPA is maintained at equal to or greater than 3.5 [please see Griffith College Policy Library - [Program Progression Policy](#) - for more information].






Teacher and Course Evaluation

Your feedback is respected and valued by your lecturers and tutors. You are encouraged to provide your thoughts on the course and teaching, both positive and critical, directly to your lecturer and tutor or by completing course and lecturer evaluations via Griffith College's evaluation tool whenever these are available.



4. Learning Content, Learning Experiences and Learning Activities

4.1 Modules for Learning and Weekly Learning Content, Learning Activities and Learning Experience

	Learning Content 	Learning experiences 	Learning activities 	Evidence of learning 	Learning outcome 
Module 1: Reflective Practice in Nursing					
1	View mini-lectures Visioning the Future, knowing the Past Professional nursing practice (CMR) Reflective Practice Course Outline, overview of assessments	Lectorial incorporating debate, group work and individual activities through: - Discussion - Games - Completing learning experience workbook activities Understanding CMR	Required Reading Daly & Jackson: Chapters 1, 2 & 6 Complete Pre-learning experience workbook activities	Assessment Item 1 Reflective Essay Due Week 4	1
2	View mini-lectures Mission, Vision & Values of Griffith College & BN	Lectorial incorporating debate, group work and	Required Reading: Daly & Jackson: Chapters 1 & 4	Draft of Reflective essay – to be discussed in class.	1

	<p>curriculum overview</p> <p>Caring, compassion and emotional competence</p> <p>Referencing APA7th ed</p>	<p>individual activities through:</p> <ul style="list-style-type: none"> - Discussion - Games - Completing learning experience workbook activities <p>Assessment 1: Feed forward activities</p> <p>CMR reminder</p>	<p>Go to Griffith Health Writing and Referencing Guidelines and choose a topic to review – this will be shared in class.</p> <p>Go to CMR100 Course site and view immunisation fact sheets</p> <p>Complete Pre-learning experience activities in your workbook.</p>		
Module 2: Historical, Political, and Socio-Cultural influences on Health Care					
3	<p>View mini-lectures</p> <p>Power and politics in nursing practice</p> <p>Australian Nursing and Midwifery Board Codes: Ethics and Professional Conduct</p>	<p>Lectorial incorporating debate, group work and individual activities through:</p> <ul style="list-style-type: none"> - Discussion - Games - Completing learning experience workbook activities <p>Assessment 1 Feed forward activities</p>	<p>Required Reading: Daly & Jackson: Chapters 8 & 10</p> <p>Go to CMR100 Course site and save a copy of the CMR checklist</p> <p>Complete Pre-learning experience activities in your workbook</p>	<p>Assessment Item 2 Essay Historical, Political and Socio/Cultural influences Due week 8</p>	2
4	<p>View mini-lectures</p> <p>Technology and professional empowerment in nursing</p> <p>Nursing and social media</p>	<p>Lectorial incorporating debate, group work and individual activities through:</p> <ul style="list-style-type: none"> - Discussion - Games - Completing learning experience workbook activities 	<p>Required Reading: Daly & Jackson: Chapters 3, 13 & 14</p> <p>Complete Pre-learning experience workbook activities</p>	<p>Assessment Item 1 DUE 2/4/21 (Friday 0900hrs)</p>	2
5	<p>View mini-lectures</p> <p>Cultural safety Nurses working with First</p>	<p>Lectorial incorporating debate, group work and individual activities through:</p> <ul style="list-style-type: none"> - Discussion - Games 	<p>Required Reading: Daly & Jackson: Chapter 16 & 19</p>		2

	Australian Peoples Understanding advocacy	- Completing learning experience workbook activities Assessment 2 Essay overview and develop plan CMR Reminder	Go to CMR100 Course site and view Police check, Self-disclosure form Complete Pre-learning experience workbook activities		
Module 3: Practicing Professional Care in the Clinical Labs					
6	View mini-lectures Working with patients in simulated settings Becoming a critical thinker & the nursing process Patient positioning videos	Lectorial incorporating debate, group work and individual activities through: - Discussion - Games - Completing learning experience workbook activities Assessment 1 overview CMR Reminder Lab 1 Hand hygiene Patient positioning	Required Reading: Daly & Jackson: Chapter 5 Critical thinking exercise Go to CMR100 Course site and view Video on uploading documents to SONIA Complete Pre-learning experience and pre-simulation lab workbook activities	Essay 2 plan to be discussed in class	3
7	View mini-lectures Hygiene care and skin alterations Principles of Pressure Injury Prevention See bedmaking video	Lectorial incorporating debate, group work and individual activities through: - Discussion - Games - Completing learning experience workbook activities Assessment 2: Feed forward activities Lab 2 Hygiene PAC Bedmaking	Complete Hand Hygiene Australia Certificate online module Required Reading- Tollefson & Hillman: Hand Hygiene & Use of Slide Sheet Complete Pre-learning experience and simulation lab workbook activities	Hand Hygiene Demonstration	3
8	View mini-lectures Nutrition and Fluid Balance	Lectorial incorporating debate, group work and individual activities through:	Go to Nursing Documents folder and review:	Assessment item 2 DUE 7/5/21 (Friday 0900hrs)	3

	Feeding techniques Diets Fluid balance Chart Gag and swallow reflex Nursing care plan	- Discussion - Games - Completing learning experience workbook activities Assessment 2: Feed forward activities Lab 3 Nutrition Fluid Balance	Pressure Injury Prevention Assessment Tool Falls Risk Complete Pre-learning experience and pre-simulation lab workbook activities	Hand Hygiene Demonstration	
9	View mini-lectures Introduction to patient care, activities of daily living /manual handling and safety Understanding OSCE	Lectorial incorporating debate, group work and individual activities through: - Discussion - Games - Completing learning experience workbook activities Lab 4 Manual handling	Go to the Nursing Documents folder and review: Fluid Balance Chart Complete Pre-learning experience and pre-simulation lab workbook activities	Hand Hygiene demonstration Hand Hygiene Certificates should be submitted this week.	3
10	View mini-lectures Inter-disciplinary team Revision	Lectorial incorporating debate, group work and individual activities through: - Discussion - Games - Completing tutorial workbook activities Lab 5 Putting it all together – OSCE practice	Required Reading: Daly & Jackson: Chapter 12	Kahoot Game: Practice questions for MCQ	3
Exam week				OSCE and MCQ	3



5. Evidence of Learning (Assessment Plan)

5.1 Evidence of Learning Summary

	 Evidence of learning	 Weighting	 Learning outcome	 Due Date
1	Reflective Essay	20%	1	Week 4
2	Written Assignment - Essay	40%	2	Week 8
3	Hand Hygiene Demonstration and Certificate	5%	3	Week 6 - 10
4	OSCE and MCQ	35%	3	Week 11

5.2 Evidence of Learning Task Detail

1. Reflective Essay (850 words)

The reflective essay provides students with an opportunity to demonstrate their ability to construct a short essay on why reflective practice is important to nurses. This assessment is scheduled early in the trimester so that students can receive early feedback to facilitate any further learning that may be required or to address any identified areas for development in academic writing.

Details: In this written assessment, students will explore reflective practice from personal and professional perspectives drawing on scholarly evidence to support their argument. This assignment is supported by tutorial / workshop activities that assist this assessment item.

Marking criteria: The reflective essay will be marked against established criteria which will be published on the 1803NRS MyStudy course site. The writing must be in appropriate academic style, using correct spelling, grammar, and punctuation. Submission: Online submission to Turnitin

2. Written Assignment - Influences that shape health care and /or access to health care (1,500 words)

This essay provides students with an opportunity to demonstrate their ability to write academically while exploring topics that are integral to their development as a beginning nurse clinician.

Details: Students will demonstrate their understanding of the historical, political and socio-cultural influences that shape healthcare and healthcare access in Australian society.

Marking criteria: The written essay will be marked against established criteria which will be published on the 1803NRS MyStudy course site. The writing must be in appropriate academic style, using correct spelling, grammar, sentence structure and punctuation.

Submission: Online submission to Turnitin

3. Hand Hygiene Demonstration and Hand Hygiene Certificate

All health care professionals need to be proficient at hand hygiene as it is the most important strategy in preventing Healthcare Associated Infections.

Assessment details:

Students will complete the Australian Commission on Safety and Quality in Health Care on-line Module 1. Hand Hygiene Nursing /Midwifery module. Details including a link to this site will be available on the Portal in your course site.

The Hand Hygiene Demonstration is a practical examination conducted in a simlab class. Students will demonstrate the skill and the grade will be recorded in the gradebook contributing to the overall course mark. Students will need to repeat hand hygiene until 10/10 (100%) is achieved.

Marking criteria: The marking Criteria is available in the Foundations of Professional Health Care Practice Tutorial and Clinical Laboratory Workbook.

4. End of Trimester Multiple Choice Quiz (5%) and OSCE (30%)

The MCQ allows students to demonstrate knowledge and understanding of the theory that underpins the clinical nursing skills taught. The on-line quiz will contain 20 randomised multiple-choice quiz questions. The OSCE allows students to demonstrate the practical skills of activities of daily living, manual handling, completing a pressure injury assessment tool and/or a fluid balance chart in a scenario based simulated laboratory setting.

5.3 Late Submission

An evidence of learning (assessment) item submitted after the due date, without an approved extension from the Course Coordinator, will be penalised. The standard penalty is the reduction of the mark allocated to the assessment item by 5% of the maximum mark applicable for the assessment item, for each working day or part working day that the item is late. Evidence of learning items submitted more than five working days after the due date are awarded zero marks.

Please refer to the Griffith College website - Policy Library > [Assessment Policy](#) for guidelines and penalties for late submission.

5.4 Other Information about Evidence of Learning

Retention of Originals

You must be able to produce a copy of all work submitted if so requested. Copies should be retained until after the release of final results for the course.

Requests for extension

To apply for an extension of time for an evidence of learning task you must submit an [Application for Extension of Assignment](#) form to your teacher at least 24 hours before the date the assignment is due. Grounds for extensions are usually: serious illness, accident, disability, bereavement or other compassionate circumstances and must be able to be substantiated with relevant documentation [e.g. [Griffith College Student Medical Certificate](#)]. Please refer to the Griffith College website - [Policy Library](#) - for guidelines regarding extensions and deferred assessment.

Return of Evidence of Learning Items

1. Marks awarded for in-trimester evidence of learning tasks, except those being moderated externally with Griffith University will be available on the Student Portal within fourteen [14] days of the due date. This does not apply to the final evidence of learning task in this course (marks for this task will be provided with the final course result).
2. Students will be advised of their final grade through the Student Portal. Students can review their final examination papers after student grades have been published. Review of final exam papers will not be permitted after the final date to enrol.
3. Marks for **all** evidence of learning tasks including the final examination (if applicable) will be recorded in the Moodle Course Site and made available to students through the Moodle Course Site.

The sum of your marks of evidence of learning tasks in this course does not necessarily imply your final grade for the course. Standard grade cut off scores can be varied for particular courses, so you need to wait for the official release of grades to be sure of your grade for this course.

6. Policies & Guidelines

Griffith College assessment-related policies can be found in the [Griffith College Policy Library](#) which include the following policies:

[Assessment Policy](#), [Special Consideration](#), [Deferred Assessment](#), [Alternate Exam Sitings](#), [Medical Certificates](#), [Academic Integrity](#), [Finalisation of Results](#), [Review of Marks](#), [Moderation of Assessment](#), [Turn-it-in Software Use](#). These policies can be accessed within the [Policy Library](#)

Academic Integrity Griffith College is committed to maintaining high academic standards to protect the value of its qualifications. Academic integrity means acting with the values of honesty, trust, fairness, respect and responsibility in learning, teaching and research. It is important for students, teachers, researchers and all staff to act in an honest way, be responsible for their actions, and show fairness in every part of their work. Academic integrity is important for an individual's and the College's reputation.

All staff and students of the College are responsible for academic integrity. As a student, you are expected to conduct your studies honestly, ethically and in accordance with accepted standards of academic conduct. Any form of academic conduct that is contrary to these standards is considered a breach of academic integrity and is unacceptable.

Some students deliberately breach academic integrity standards with intent to deceive. This conscious, pre-meditated form of cheating is considered to be one of the most serious forms of fraudulent academic behaviour, for which the College has zero tolerance and for which penalties, including exclusion from the College, will be applied.

However, Griffith College also recognises many students breach academic integrity standards without intent to deceive. In these cases, students may be required to undertake additional educational activities to remediate their behaviour and may also be provided appropriate advice by academic staff.

As you undertake your studies at Griffith College, your lecturers, tutors and academic advisors will provide you with guidance to understand and maintain academic integrity; however, it is also your responsibility to seek out guidance if and when you are unsure about appropriate academic conduct.

In the case of an allegation of a breach of academic integrity being made against a student he or she may request the guidance and support of a Griffith College Student Learning Advisor or Student Counsellor.

Please ensure that you are familiar with the Griffith College Academic Integrity Policy; this policy provides an overview of some of the behaviours that are considered breaches of academic integrity, as well as the penalties and processes involved when a breach is identified.

For further information please refer to the Griffith College website - Policy Library > [Academic Integrity Policy](#)

Reasonable Adjustments for Assessment – The Disability Services policy

The [Disability Services policy](#) (accessed within the [Policy Library](#)) outlines the principles and processes that guide the College in making reasonable adjustments to assessment for students with disabilities while maintaining academic robustness of its programs.

Risk Assessment Statement

There are no out of the ordinary risks associated with this course.

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