



1. General Course Information

1.1 Course Details

Course Code:	1803NRS
Course Name:	Foundations of Professional Health Care Practice
Trimester:	Health Care Trimester 1, 2020
Program:	Diploma of Health Care
Credit Points:	10
Course Coordinator:	Patricia Jones
Document modified:	November 2019

Course Description

Foundations of Professional Health Care Practice enables students to examine the development of nursing standards and issues related to nursing care and nurse caring. Students will vision the future by knowing the past and will be encouraged to develop critical thinking and reflective approaches to nursing practice in relation to what, why and how. Students will examine power and politics in the practice of nursing, and the nurses' role as part of an inter-disciplinary healthcare team. Issues related to technology and professional empowerment in nursing will be explored. Students will be introduced to the importance of cultural awareness and working with First Australian peoples and will also develop some beginning skills in nursing care.

Assumed Knowledge

There are no prerequisites for this course.

Co-requisite

CMR100 Clinical mandatory requirements portfolio

While there are no placement components within the Diploma, as part of the program students will be required to complete clinical mandatory requirements (CMRs) relating to immunisation, having a Queensland Blue Card, a Federal Police National Criminal Check, International Police clearance, Deed Polls, Queensland Health Student Orientation, First Aid and CPR certification to be eligible to participate in clinical placement immediately the

student progresses to the Griffith University Bachelor of Nursing. These requirements will be completed as a Professional Portfolio and must be submitted by the end of the student's 2nd trimester of enrolment. By completing the CMRs as part of the Diploma, students will also be sufficiently prepared for entry to the workplace should they choose not to progress immediately to the degree on graduating with the Diploma.

1.2 Teaching Team

Your lecturer/tutor can be contacted via the email system on the portal.

Name	Email
Patricia Jones	patricia.jones@staff.griffithcollege.edu.au
Gigie Rogers	Gigie.rogers@staff.griffithcollege.edu.au
Cristine Purvis	Cristine.Purvis@staff.griffithcollege.edu.au

1.3 Staff Consultation

Your lecturer/tutor is available each week for consultation outside of normal class times. Times that your lecturer/tutor will be available for consultation will be given in the first week of lectures. A list of times and rooms will be published on the Griffith College Portal under the "Support and Services/Teacher Consultation Times" link.

1.4 Timetable

Your timetable is available on the Griffith College Portal at Class Timetable in Student and Services.

1.5 Technical Specifications

All students must have access to a computer or suitable mobile device.

2. Aims, Outcomes & Generic Skills

2.1 Course Aims.

This course aims to develop foundational knowledge for professional practice as a Registered Nurse. The social, political and other factors that influence professional nursing practice in the Australian healthcare system will be explored.

2.2 Learning Outcomes

After successfully completing this course you should be able to:

1. Discuss how nurses engage with the historical, political and socio-cultural influences that shape health care and healthcare access in Australian society;
2. Demonstrate professional caring when working with clients in simulated settings;
3. Describe the value of reflective practice in nursing.

2.3 Generic skills

For further details on the Generic Skills please refer to the Graduate Generic Skills and Capabilities policy.

Griffith College aims to develop graduates who have an open and critical approach to learning and a capacity for lifelong learning. Through engagement in their studies, students are provided with opportunities to begin the development of these and other generic skills.

Studies in this course will give you opportunities to begin to develop the following skills:

Generic Skills and Capabilities	Taught	Practised	Assessed
Acquisition of discipline knowledge and skills with critical judgement	✓	✓	✓
Communication and collaboration	✓	✓	✓
Self-directed and active learning	✓	✓	
Creative and future thinking	✓	✓	✓
Social responsibility and ethical awareness	✓	✓	✓
Cultural competence and awareness in a culturally diverse environment	✓	✓	✓

3. Learning Resources

3.1 Required Resources

1. Daly, J., Speedy, S., & Jackson, D. (Eds.). (2017). Contexts of nursing: An introduction (5th ed.). Melbourne, VIC: Elsevier Australia.
2. Foundations of Professional Health Care Practice Tutorial and Laboratory Workbook
Available from the Griffith University Book Shop
3. Nursing uniform for clinical laboratory sessions: students are required to wear the Griffith University student nurse polo T shirt with navy or black dress pants or skirt and fully enclosed leather (or waterproof) shoes.

3.2 Recommended Resources

DeLaune, S. C., Ladner, P. K., navy or black McTier, L., Tollefson, J. & Lawrence, J. (2016). Australian and New Zealand Fundamentals of Nursing (1st ed.). South Melbourne, VIC: Cengage Learning Australia.

3.3 College Support Services and Learning Resources

The College provides many facilities and support services to assist students in their studies. Links to information about College support resources that are available to students are included below for easy reference.

[Digital Library](#) – Databases to which Griffith College students have access to through the Griffith Library Databases.

MyStudy – there is a dedicated website for this course via MyStudy on the Griffith College Portal.

[Academic Integrity Tutorial](#) - this tutorial helps students to understand what academic integrity is and why it matters. You will be able to identify types of breaches of academic integrity, understand what skills you will need in order to maintain academic integrity, and learn about the processes of referencing styles.

Services and Support provides a range of services to support students throughout their studies including personal support such as Counselling; Academic support; and Welfare support.

Jobs and Employment in the [Student Hub](#) can assist students with career direction, resume and interview preparation, job search tips, and more.

[IT Support](#) provides details of accessing support, information on s numbers and internet access and computer lab rules.

3.4 Other Learning Information

Attendance

You are expected to attend all lectures and tutorials and to actively engage in learning during these sessions. You are expected to bring all necessary learning resources to class such as the required textbook and /or Workbook. In addition, you may BYOD (bring your own device) to class such as a laptop or tablet. This is not a requirement as computer lab facilities are available on campus, however, the use of such devices in the classroom is encouraged with appropriate and considerate use principles being a priority.

Preparation and Participation in Class

In order to enhance learning, prepare before lectures and tutorials. Read the relevant section of your text book before a lecture, and for a tutorial read both the textbook and the relevant lecture notes. If you have been given tutorial exercises, make sure you complete them. Active participation in lectures and tutorials will improve your learning. Ask questions when something is unclear or when you want to bring some issue to your lecturer or tutor's attention; respond to questions to test your knowledge and engage in discussion to help yourself and others learn.

Consultation Sessions

Teachers offer extra time each week to assist students outside the classroom. This is known as 'consultation time.' You may seek assistance from your teacher on email or in person according to how the teacher has explained this to the class. Attendance during consultation time is optional but you are encouraged to use this extra help to improve your learning outcomes.

Course Materials

Lecture notes will be made available to you in MyStudy on the Griffith College Portal and you are advised to either print these out and bring them to each class so that extra notes can be added or BYOD (bring your own device) and add extra notes digitally.

Self-Directed Learning

You will be expected to learn independently. This means you must organise and learn the course content even when you are not specifically asked to do so by your lecturer or tutor. This involves revising the weekly course material. It also means you will need to find additional information for some assessment items beyond that given to you in textbooks and lecture notes, and to construct your own response to a question or topic. All of this requires careful planning of your time. Expect to spend, on average, at least 10 hours per week including class time for each of your courses.

Program Progression

You are reminded that satisfactory Program Progression requires that attendance in classes is maintained at equal to or greater than 80%, and that GPA is maintained at equal to or greater than 3.5 [please see Griffith College Policy Library - Program Progression Policy - for more information].

Teacher and course Evaluation

Your feedback is respected and valued by your lecturers and tutors. You are encouraged to provide your thoughts on the course and teaching, both positive and critical, directly to your lecturer and tutor or by completing course and lecturer evaluations via Griffith College's evaluation tool whenever these are available.

4. Learning and Teaching Activities

4.1 Weekly Learning Activities

Week	Topic	Activity	Readings	Learning Outcomes
1	Visioning the Future, knowing the Past Reflective Practice	Lecture	Please see the Course Delivery Schedule for this week's readings and learning activities	1,3
	Debate around: Historical influences on nursing, professional nursing practice and reflective practice.	Tutorial		
	1803NRS Course Outline, overview of assessments and referencing. Progress with CMR.	Workshop		
2	1.Mission, Vision & Values of Griffith College & BN Curriculum overview. Nursing Care and Nurse Caring. 2. Understanding the Advocacy Roles and professional Code of Conduct. Introduction to Ethics and Professional Code of Conduct.	Lecture	Please see the Course Delivery Schedule for this week's readings and learning activities	2
	'Nursing care' and 'nurse caring' theoretical views. Interactive discussion: Australian Nursing and Midwifery Board Codes: Ethics and Professional Conduct	Tutorial		
	Assessment 1: Feed forward CMR reminder	Workshop		
3	Technology and Professional Empowerment Power and Politics in Nursing Practice	Lecture	Please see the Course Delivery Schedule for this week's readings and learning activities	1,3
	Professional Empowerment	Tutorial		
	Assessment 2 Essay overview	Workshop		

4	Cultural safety Nurses working with First Australian Peoples	Lecture	Please see the Course Delivery Schedule for this week's readings and learning activities	1
	Understand the nurses' role regarding cultural safety and working with First Australian peoples. Assessment 2 Essay overview	Tutorial		
	Cultural safety Nurses working with First Australian Peoples	Workshop		
5	Working with patients in simulated settings. Becoming a critical thinker Understanding OSCE	Lecture	Please see the Course Delivery Schedule for this week's readings and learning activities	2,3
	Critical thinking, group work & the nursing process Critical thinking exercise Preparation for clinical nursing labs	Tutorial		
	Assessment 1 overview CMR reminder	Workshop		
6	Introduction to Patient Care, manual handling and safety	Lecture	Please see the Course Delivery Schedule for this week's readings and learning activities	2
	Hand Hygiene -HHA Principles of Pressure Ulcer Prevention Waterlow Pressure Ulcer Prevention Assessment Tool	Tutorial		
	Introduction to the clinical nursing lab manual handling and the principles of mobilisation	Lab		
7	Hygiene Care and Skin Alterations	Lecture	Please see the Course Delivery Schedule for this week's readings and learning activities	2,3
	Principles of Pressure Ulcer Prevention Waterlow Pressure Ulcer Prevention Assessment Tool	Tutorial		

	Reflective Essay overview- Feedback			
	Hygiene Care Bedmaking	Lab		
8	Nutrition	Lecture	Please see the Course Delivery Schedule for this week's readings and learning activities	2
	Feeding techniques Diets Fluid balance Chart Gag and swallow reflex	Tutorial		
	Feeding techniques - oral/tube Mouth hygiene FBC	Lab		
9	Advocacy review	Lecture	Please see the Course Delivery Schedule for this week's readings and learning activities	2
	Nursing documents Essay Feedback	Tutorial		
	Manual Handling OSCE Practice	Lab		
10	Inter-disciplinary team Critical thinking revisited	Lecture & Workshop	Please see the Course Delivery Schedule for this week's readings and learning activities	1
	OSCE - Bringing it all together Progress with CMR	Lab		
11	Revision Lab - OSCE review. OSCE Part 1:MCQ	Laboratory		
12	Final examination: OSCE	Examination		

4.2 Practical Laboratory Classes

Attendance at nursing simulation laboratory sessions is **compulsory**. Laboratories will assist students to integrate theoretical knowledge with practical knowledge and clinical skills.

If you are unable to attend a lab for extenuating reasons you will be required to submit evidence explaining any absence (e.g. Griffith College medical certificate). A maximum of **one** laboratory session may be missed (with documentary evidence). Students who miss a lab will be required to complete a lab make-up in their own time. If more than one nursing lab is missed consultation with the Program Convenor will be required to determine if it is appropriate for you to continue in the course.

Students **MUST** bring their *Foundations of Professional Health Care Practice Tutorial and Laboratory Workbook* to all nursing simulation labs. Students who arrive late at labs will not be permitted in.

Students must wear fully enclosed waterproof shoes to all laboratory sessions for workplace health and safety reasons. Clinical uniforms must also be worn to all clinical nursing laboratory sessions.

5. Assessment Plan

5.1 Assessment Summary

Item	Assessment Task	Weighting	Learning Outcomes	Due Date
1	Written Assignment: Reflective Essay	20%	1, 3	Week 5
2	Written Assignment: Historical, Political and socio-cultural Influences Essay	35%	1, 3	Week 8
3	Hand Hygiene Demonstration	5%	2	By Week 11
4	Part 1 Multiple Choice Quiz	5%	1, 2, 3	Week 11
4	Part 2 Objective Structured Clinical Examination (OSCE) - Simulation-based skills assessment	35%	2,3	Final examination week

5.2 Assessment Detail

1. Reflective Essay (850 words)

Rationale: The reflective essay provides students with an opportunity to demonstrate their ability to construct a short essay on why reflective practice is important to nurses. This assessment is scheduled early in the trimester so that students can receive early feedback to facilitate any further learning that may be required or to address any identified areas for development in academic writing.

Assessment details: In this written essay students will explore reflective practice from personal and professional perspectives drawing on scholarly evidence to support their argument. This assignment is supported by tutorial / workshop activities that assist this assessment item.

Marking criteria: The reflective essay will be marked against established criteria which will be published on the 1803NRS MyStudy course site. The writing must be in appropriate academic style, using correct spelling, grammar and punctuation. Submission: Online submission to Turnitin

2. Written Essay (1,500 words)

Rationale: This written essay provides students with an opportunity to demonstrate their ability to write academically while exploring topics that are integral to their development as a beginning nurse clinician.

Assessment details: Students will demonstrate their understanding of the historical, political and socio-cultural influences that shape healthcare and healthcare access in Australian society.

Marking criteria: The written essay will be marked against established criteria which will be published on the 1803NRS MyStudy course site. The writing must be in appropriate academic style, using correct spelling, grammar, sentence structure and punctuation.

Submission: Online submission to Turnitin

3. Hand Hygiene Demonstration

Rational: All health care professionals need to be proficient at hand hygiene as it is the most important strategy in preventing Healthcare Associated Infections.

Assessment details: The Hand Hygiene Demonstration is a practical examination conducted in a laboratory setting during a lab class. Students may approach the laboratory facilitator to assess them in class from week 8 to week 11.

Marking criteria: The marking Criteria is available in the Foundations of Professional Health care Practice Tutorial and Clinical Laboratory Workbook.

4. Part 1: Multiple Choice Quiz

Part 2: Objective Structured Clinical Examination

Rationale: The OSCE is designed to assess practical application of theoretical knowledge and enable the student to demonstrate professional caring when working with a patient in a simulated setting.

Assessment details: The OSCE is a practical examination conducted in a laboratory setting during the Griffith College Examination week. The skills and knowledge that students will need to demonstrate during this examination are based on the activities undertaken in the clinical laboratories during the trimester. There will be a time allowance of 30 minutes for each pair of students to complete the OSCE. It is expected that students will be available at the time allocated for their assessment.

Marking criteria: The OSCE will be marked by an examiner against established criteria and undergo a full moderation process. The grading schema will be published on the 1803NRS MyStudy course site in advance of the OSCE.

Further details on assessment will be provided to students via the 1803NRS MyStudy course site on Griffith College's Student Portal and in classes during the trimester.

Requirements to pass the course:

In order to pass this course and in addition to **meeting the laboratory requirements**, students must:

- 1. attempt and submit ALL assessment items, AND**
- 2. attend and attempt the OSCE, AND**
- 3. achieve a minimum cumulative total of 50% from all graded assessments.**

5.3 Late Submission

An assessment item submitted after the due date, without an approved extension from the Course Coordinator, will be penalised. The standard penalty is the reduction of the mark allocated to the assessment item by 5% of the maximum mark applicable for the assessment item, for each working day or part working day that the item is late. Assessment items submitted more than five working days after the due date are awarded zero marks.

Please refer to the Griffith College website - Policy Library > Assessment Policy for guidelines and penalties for late submission.

5.4 Other Assessment Information

Retention of Originals

You must be able to produce a copy of all work submitted if so requested. Copies should be retained until after the release of final results for the course.

Requests for extension

To apply for an extension of time for an assignment, you must submit an [Application for Extension of Assignment](#) form to your teacher at least 24 hours before the date the assignment is due. Grounds for extensions are usually: serious illness, accident, disability, bereavement or other compassionate circumstances and must be able to be substantiated with relevant documentation [e.g. [Griffith College Student Medical Certificate](#)]. Please refer to the Griffith College website - Policy Library - for guidelines regarding extensions and deferred assessment.

Return of Assessment Items

1. Marks awarded for in-trimester assessment items, except those being moderated externally with Griffith University, will be available on the Student Portal within fourteen [14] days of the due date. This does not apply to the final assessment item in this course (marks for this item will be provided with the final course result).
2. Students will be advised of their final grade through the Student Portal. Students can review their exam papers after student grades have been published (see relevant Griffith College Fact Sheet for allocated times at Support> Factsheets). Review of exam papers will not be permitted after the final date to enrol.
3. Marks for **all** assessment items including the final exam (if applicable) will be recorded in the Moodle Course Site and made available to students through the Moodle Course Site.

The sum of your marks overall assessment items in this course does not necessarily imply your final grade for the course. Standard grade cut off scores can be varied for particular courses, so you need to wait for the official release of grades to be sure of your grade for this course.

6. Policies & Guidelines

Griffith College assessment-related policies can be found in the [Griffith College Policy Library](#) which include the following policies:

Assessment Policy, Special Consideration, Deferred Assessment, Alternate Exam Sitting, Medical Certificates, Academic Integrity, Finalisation of Results, Review of Marks, Moderation of Assessment, Turn-it-in Software Use. These policies can be accessed using the 'Document Search' feature within the [Policy Library](#)

Academic Integrity Griffith College is committed to maintaining high academic standards to protect the value of its qualifications. Academic integrity means acting with the values of honesty, trust, fairness, respect and responsibility in learning, teaching and research. It is important for students, teachers, researchers and all staff to act in an honest way, be responsible for their actions, and show fairness in every part of their work. Academic integrity is important for an individual's and the College's reputation.

All staff and students of the College are responsible for academic integrity. As a student, you are expected to conduct your studies honestly, ethically and in accordance with accepted standards of academic conduct. Any form of academic conduct that is contrary to these standards is considered a breach of academic integrity and is unacceptable.

Some students deliberately breach academic integrity standards with intent to deceive. This conscious, pre-meditated form of cheating is considered to be one of the most serious forms of fraudulent academic behaviour, for which the College has zero tolerance and for which penalties, including exclusion from the College, will be applied.

However, Griffith College also recognises many students breach academic integrity standards without intent to deceive. In these cases, students may be required to undertake additional educational activities to remediate their behaviour and may also be provided appropriate advice by academic staff.

As you undertake your studies at Griffith College, your lecturers, tutors and academic advisors will provide you with guidance to understand and maintain academic integrity; however, it is also your responsibility to seek out guidance if and when you are unsure about appropriate academic conduct.

In the case of an allegation of a breach of academic integrity being made against a student he or she may request the guidance and support of a Griffith College Student Learning Advisor or Student Counsellor.

Please ensure that you are familiar with the Griffith College Academic Integrity Policy; this policy provides an overview of some of the behaviours that are considered breaches of academic integrity, as well as the penalties and processes involved when a breach is identified.

For further information please refer to the Griffith College website - Policy Library > Academic Integrity Policy

Reasonable Adjustments for Assessment – The Disability Services policy

The Disability Services policy (accessed using the Document Search' feature with the [Policy Library](#)) outlines the principles and processes that guide the College in making reasonable adjustments to assessment for students with disabilities while maintaining academic robustness of its programs.

Risk Assessment Statement

There are no out of the ordinary risks associated with this course.

Copyright © - Griffith College

Note: For all Diploma level programs, Griffith College acknowledges content derived from Griffith University.