

1. General Course Information

1.1 Course Details

Course Code:	1016MSC	
Course Name:	Anatomy & Physiology Systems I	
Trimester:	Trimester 1, 2023	
Program:	Diploma of Health Sciences	
Credit Points:	10	
Course Coordinator:	Dr Jos de Schepper	
Document modified:	27-02-2023	

Course Description

Anatomy & Physiology Systems I is a 10 Credit Point course situated within the first trimester of the Diploma of Health Science. The Diploma of Health Science is designed to provide students with a pathway to:

• further university studies in the Health Sciences, or

• direct employment.

A number of major body systems will be covered within Anatomy & Physiology Systems I, integrating anatomy with physiology. This course includes lectorials and laboratory experiences in the study of the musculoskeletal system, nervous system, endocrine and reproductive systems, it will provide foundational knowledge for students destined to undertake advanced studies in anatomy and physiology and will develop knowledge of analytical laboratory skills.

Assumed Knowledge

There is no assumed prior knowledge required for this course

1.2 Teaching Team

Your teacher/s can be contacted via email as below:

You will also find their email in the Teacher's tile on your Course Site.

Name	Email
Dr Jos de Schepper	jos.deschepper@staff.griffithcollege.edu.au

1.3 Meet with your teacher

Your teacher is available each week to meet outside of normal class times. This is called consultation. Times that your teacher will be available for consultation will be found on the Teacher's tile on your Course Site.

1.4 Timetable

Your timetable is available on the Griffith College Digital Campus at My Apps, Timetable.

1.5 Technical Specifications

All students must have access to a computer or suitable mobile device such as laptop or tablet (mobile phones are not suitable). In addition, up-to-date browser access, a reliable high-speed internet connection with enough upload and download capacity, a webcam and headset including microphone are needed.

2. Aims, Outcomes & Generic Skills

2.1 Course Aims

Anatomy & Physiology Systems I aims to help students build up a working knowledge of the developmental, histological, anatomical and physiological functions of the 4 human body systems. Clinically relevant discussions of each system will also be incorporated into the course. Students are required to integrate information from both the online labs and the learning content of each system studied.

This course, and Anatomy & Physiology Systems II, aims to provide a solid foundation of anatomy and physiology knowledge onto which future studies in the fields of medicine, oral health and dentistry, pharmacy, exercise science and biomedical science can be built. It also aims to enthuse students about the wonders of the human body and induct them into the world of Health.

2.2 Learning Outcomes

After successfully completing this course you should be able to:

1. Apply anatomical and physiological terms as they relate to the human body;

2. Identify and describe the anatomical features and physiological functions of various systems (i.e., skeletal system, muscular system, nervous system, endocrine system, and reproductive system) of the body;

3. Demonstrate knowledge in laboratory procedures including, human tissue handling, and identification of anatomical structures on human cadaveric material.



2.3 Graduate Capabilities and Employability Skills

For further details on the Graduate Capabilities and Employability Skills please refer to the <u>Graduate Generic</u> <u>Skills and</u> <u>Capabilities policy</u>.

Griffith College is committed to producing graduates who are able to demonstrate progress toward the development of a number of generic skills / capabilities that will allow them to successfully continue their studies at the tertiary level. This set of skills includes employability related skills that will ensure graduates are capable in the workplace of the future.

Studies in this course will give you opportunities to begin to develop the following skills:

G	Focus within this course		
with	Teamwork	© ****	√
Interacting with People	Communication	ب	\checkmark
Intei	Respect for Culture and Diversity	Ø	\checkmark
or the ce	Problem Solving	ø	\checkmark
Readiness for the Workplace	Planning and Organisation	晶	\checkmark
Read	Creativity and Future Thinking		\checkmark



3. Learning Resources

3.1 Required Learning Resources

- Marieb, E.N. & Hoehn, K. Human Anatomy & Physiology Global + A Brief Atlas of the Human Body + Mastering A&P with eText 10th edition (ISBN 9781488689109) or 11th edition (ISBN 9781488657719). The online version for the above textbook can be found at https://www.pearson.com.au/9781292260938
- Marieb, E.N. & Mitchell, S. Laboratory Manual for Foundation Year Health Custom Edition 2nd edition (ISBN 9781488609954) or 3rd ed. (ISBN 9781488626050)

Both of these texts above are available in a value package.

- Lab Workbook and Lectorial workbook - available on the 1016MSC-course site in the Griffith College Student Portal

Laboratory Rules document is part of the lab workbook, which is available on the course site via the Griffith College Student Portal.

3.2 Recommended Learning Resources

Pearson Online course environment 'Mastering Anatomy and Physiology'. Griffith College offers 1016MSCstudents free access to this interactive learning platform; how to get access to this platform will be explained in the first couple of weeks of the trimester

3.3 College Support Services and Learning Resources

Griffith College provides many facilities and support services to assist students in their studies. Links to information about support resources that are available to students are included below for easy reference.

- Digital Library Databases to which Griffith College students have access to through the Griffith Library Databases.
- <u>Study Toolbox</u> there is a dedicated website for this course on the Griffith College Digital Campus.
- Academic Integrity Griffith College is committed to ensuring academic integrity is understood and maintained by all staff and students. All students learn about academic integrity through engagement with Academic Integrity online modules within the Academic and Professional Studies course.
- <u>Services and Support</u> provides a range of services to support students throughout their studies including
 academic advice and assignment help from Student Learning Advisors, and personal and welfare
 support from Student Counsellors.
- Jobs and Employment in the Student Hub can assist students with career direction, resume and interview preparation, job search tips, and more.
- <u>IT Support</u> provides details of accessing support, information on s numbers and internet access and computer lab rules.

3.4 Other Information about your Learning

Preparation and Participation in Learning

You need to prepare before attending your scheduled Learning Experience (In Class). Work through the Learning Content (Before Class) prepared by your teacher which is found on the course site. Make sure you complete the Learning Activities (After Class) set each week. Active participation in your learning will enhance your success. Ask questions when something is unclear or when you want to bring some issue to your teacher's attention; respond to questions to test your knowledge and engage in discussion to help yourself and others learn.

Attendance

You are expected to actively engage in all learning experiences which underpin the learning content in this course. You are expected to engage with the learning content and learning activities outside of timetabled class times. This requires you to be an active agent of your learning. You are expected to bring all necessary learning resources to class such as the required textbook and /or Workbook. In addition, you are encouraged to BYOD (bring your own device) to class such as a laptop or tablet. This is not a requirement as computer lab facilities are available on campus, however, the use of such devices in the classroom is encouraged with appropriate and considerate use principles being a priority.

Laboratories

The laboratories are **COMPULSORY.** They run for a total of **2** hours on Thursday between 9 am and 11 am in weeks 2, 3, 4, 5, 6, 7, 8, 9, and 10(no lab in weeks 11 and 12).

Satisfactory completion of laboratories will be required; details will be provided during the lab sessions. Lab marks will be allocated for Lab Exam 1 in week 5, Lab Exam 2 in week 9, and Lab Exam 3 in week 12. A medical certificate is required within a week of any missed lab (if a student fails to attend any laboratory session). Missing one or more lab sessions of the respective modules being assessed in each Lab Exam (without the required supporting documentation) could lead to not passing the course.

Consultation Sessions

Teachers offer extra time each week to assist students outside the classroom. This is known as 'consultation time.' You may seek assistance from your teacher on email or in person according to how the teacher has explained this to the class. Attendance during consultation time is optional but you are encouraged to use this extra help to improve your learning outcomes.

Course Learning Materials

Learning materials are made available to you in the course site. The learning materials are arranged in Modules. In each Module you will find Learning Content (Before Class), Learning Experiences (In Class) and Learning Activities (After Class). Learning Content (Before Class) will be engaged with prior to the scheduled Learning Experience (In Class). This will ensure you are prepared for the scheduled Learning Experience (In Class) by being aware of the content to be covered and therefore will be able to actively participate in the session. Learning Activities (After Class) are accessed after the scheduled session for purposes of review, consolidation of learning, and preparation for the Evidence of Learning Tasks (Assessments) in the course.

In addition, **Missed Class** learning material is provided in the course, providing support, interactive tools and directions for students who occasionally cannot attend the weekly scheduled Learning Experience (In Class) perhaps due to illness or other commitments. The Missed Class learning material should also be used in conjunction with Learning Content (Before Class) and Learning Activities (After Class) resources.

Self-Directed Learning

You will be expected to learn independently. This means you must organise and engage with the course Learning Content (Before Class) even when you are not specifically asked to do so by your teacher. The weekly guide (below) will be helpful to organise your learning. This involves revising the weekly Learning Content (Before Class) and completing the Learning Activities (After Class). It also means you will need to find additional information to evidence your learning beyond that given to you, and to construct your own response to a question or topic. All of this requires careful planning of your time. Expect to spend, on average, at least 10 hours per week including class time for each of your courses.

Program Progression

You are reminded that satisfactory Program Progression requires that attendance in classes is maintained at equal to or greater than 80%, students are engaged in their learning and that GPA is maintained at equal to or greater than 3.5 [please see Griffith College Policy Library - <u>Program Progression Policy</u> - for more information].

Teacher and Course Evaluation

Your feedback is respected and valued by your teachers. You are encouraged to provide your thoughts on the course and teaching, both positive and critical, directly to your teacher or by completing course and teacher evaluations via Griffith College's evaluation tool whenever these are available.

4. Weekly Guide: Learning Content, Learning Experiences and Learning Activities

The information below lays out how your learning will be organised throughout the trimester.

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4.1. Modules for Learning and Weekly Learning Content, Learning Experiences and Learning Activities

Week	Learning Content (Before Class)	Learning Experiences (In Class)	Learning Activities (After Class)	Evidence of Learning (Assessment)	Learning Outcome
	↓			冥	$\mathbb{D}\mathbb{N}$
	Module 1: Intro to A&P and Skeletal System				
1	-Introduction to course: Course administration, assessment, delivery method -Classification and review of bone function -Features & functions of the axial skeleton	individual activities through: -Presentations -Jeopardy quizzes -Kahoot Quizzes -Completing the electronic	-Complete workbook exercises -Watch the mini lecture(s), additional videos and resources (incl. the course textbook) -Complete Review Questions		1 & 2
2	-Features & functions of the appendicular skeleton -Joints -Details of knee, shoulder & hip joints	-Presentations -Jeopardy quizzes	-Complete workbook exercises -Watch the mini lecture(s), additional videos and resources (incl. the course textbook) -Complete Review Questions		1 & 2
	Module 2: Muscular System				
3		-Presentations -Jeopardy quizzes	-Complete workbook exercises -Watch the mini lecture(s), additional videos and resources (incl. the course textbook) -Complete Review Questions		1&2
4	-Physiology of muscle contraction; -Muscle contraction & smooth muscle	individual activities through: -Presentations -Jeopardy quizzes	-Complete workbook exercises -Watch the mini lecture(s), additional videos and resources (incl. the course textbook) -Complete Review Questions		1 & 2

Module 3: Nervous System						
5	-Nervous system & nervous tissue -Brain and Spinal Cord		-Complete workbook exercises -Watch the mini lecture(s), additional videos and resources (incl. the course textbook) -Complete Review Questions	Lab exam 1	3	
6	-Peripheral nervous system/reflexes/ autonomic nervous system	(Zoom) Lectorials incorporating debate, group work and individual activities through: -Presentations -Jeopardy quizzes -Kahoot Quizzes -Completing the electronic lectorial workbook activities - Lab 5: PNS	-Complete workbook exercises -Watch the mini lecture(s), additional videos and resources (incl. the course textbook) -Complete Review Questions	<i>Module 1+2 exam</i>	1 & 2	
7	-Autonomic nervous system (Sympathetic and Parasympathetic)	Zoom) Lectorials incorporating debate, group work and individual activities through: -Presentations -Jeopardy quizzes -Kahoot Quizzes -Completing the electronic lectorial workbook activities	-Complete workbook exercises -Watch the mini lecture(s), additional videos and resources (incl. the course textbook) -Complete Review Questions		1 & 2	
	Module 4: Speci	- Lab 6: Special Senses				
8	-Special Senses	(Zoom) Lectorials incorporating debate, group work and individual activities through: -Presentations -Jeopardy quizzes -Kahoot Quizzes -Completing the electronic lectorial workbook activities - Lab 7: Review session	-Complete workbook exercises -Watch the mini lecture(s), additional videos and resources (incl. the course textbook) -Complete Review Questions		1 & 2	
	Module 5: Endo	crine System				
9	-Endocrine System overview and hormone function -Hypothalamus and Pituitary	(Zoom) Lectorials incorporating debate, group work and individual activities through: -Presentations -Jeopardy quizzes -Kahoot Quizzes -Completing the electronic lectorial workbook activities	-Complete workbook exercises -Watch the mini lecture(s), additional videos and resources (incl. the course textbook) -Complete Review Questions	Lab exam 2	3	
10	-Structure & function of other major endocrine glands	(Zoom) Lectorials incorporating debate, group work and individual activities through: -Presentations -Jeopardy quizzes -Kahoot Quizzes -Completing the electronic lectorial workbook activities - Lab 8: Endocrine system	-Complete workbook exercises -Watch the mini lecture(s), additional videos and resources (incl. the course textbook) -Complete Review Questions	Module 3+4 exam	1 & 2	

11	-Reproductive System (Male and female reproductive system)	(Zoom) Lectorials incorporating debate, group work and individual activities through: -Presentations -Jeopardy quizzes -Kahoot Quizzes -Completing the electronic lectorial workbook activities - Lab 9: Reproductive system	-Complete workbook exercises -Watch the mini lecture(s), additional videos and resources (incl. the course textbook) -Complete Review Questions		1 & 2
12	-Pregnancy & Development	(Zoom) Lectorials incorporating debate, group work and individual activities through: -Presentations -Jeopardy quizzes -Kahoot Quizzes -Completing the electronic lectorial workbook activities	-Complete workbook exercises -Watch the mini lecture(s), additional videos and resources (incl. the course textbook) -Complete Review Questions	Lab exam 3	3
13				<i>Module 5+6 exam</i>	

4.2. Practical Laboratory Classes

Practical laboratory classes commence in Week 2 and are delivered until Week 10. Topics are detailed in 4.1 Learning Experience Laboratory sessions. Please look out for the timetable details.



5. Evidence of Learning (Assessment)

5.1 Evidence of Learning Summary

Please note that web applications such as ChatGPT, Google, Google Translate, Grammarly and Youdao (or equivalent services) are not permitted for assessment creation, translation, or extensive language assistance purposes. Wikipedia, and Baidu, Weibo and WeTalk are not permitted to be used.

	Evidence of Learning (Assessment)	Weighting	Learning Outcome	Due Date
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1	Exam 1	20%	1 & 2	Week 6
2	Exam 2	20%	1 & 2	Week 10
3	Exam 3	20%	1 & 2	Week 13
4	Lab Exam 1	15%	3	Week 5
5	Lab Exam 2	15%	3	Week 9
6	Lab Exam 3	10%	3	Week 12

5.2 Evidence of Learning Task Detail

1. Evidence of Learning Task 1: Exam 1 – assessing Module 1&2 (20%)

Task Type: Exam Due Week: 6 Weight: 20% Length: 50 minutes (on average 1 minute per MCQ and 5 minutes per SAQ) Quiz Type: Closed book, invigilated Task Description: Timed 30 randomised Multiple-Choice Questions (1 mark each) and 4 randomised Short Answer Questions (3 marks each) designed to assess knowledge of mainly physiology content Criteria and Marking: Students are assessed on Intro to A&P, Skeletal System and Muscular System (Module 1+2). Students may seek feedback after the deferred exam 1 is completed. Quiz Format: Online Zoom Moodle quiz, invigilation with camera from behind at an angle

2. Evidence of Learning Task 2: Exam 2 - assessing Module 3&4 (20%)

Task Type: Exam
Due Week: 10Weight: 20%Length: 50 minutes (on average 1 minute per MCQ and 5 minutes per SAQ)Quiz Type: Closed book, invigilatedTask Description: Timed 30 randomised Multiple-Choice Questions (1 mark each) and 4 randomised Short
Answer Questions (3 marks each) designed to assess knowledge of mainly physiology contentCriteria and Marking: Students are assessed on Nervous System and Special Senses (Module 3+4). Students
may seek feedback after the deferred exam 2 is completed.
Quiz Format: Online Zoom Moodle quiz, invigilation with camera from behind at an angle

3. Evidence of Learning Task 3: Exam 3 - assessing Module 5&6 (20%)

Task Type: Exam Due Week: final exam week (week 13) Weight: 20% Length: 50 minutes (on average 1 minute per MCQ and 5 minutes per SAQ) Quiz Type: Closed book, invigilated Task Description: Timed 30 randomised Multiple-Choice Questions (1 mark each) and 4 randomised Short Answer Questions (3 marks each) designed to assess knowledge of mainly physiology content Criteria and Marking: Students are assessed on Endocrine System and Reproductive System (Module 5+6). Students may seek feedback after the deferred exam 3 is completed. Exam format: On Campus

4. Evidence of Learning Task 4: Lab exam 1 - assessing Module 1 and 2 (Skeletal System and Muscular System) (15%)

Task Type: Exam Due Week: 5 Weight: 15%, Length: 20 min Quiz Type: Closed book, invigilated

Task Description: Timed randomised labelling questions and short closed answer questions designed to assess knowledge of laboratory content, mainly anatomy-based content (30 questions worth 1 mark each, 20 min quiz; 40 seconds on average per question; no backtracking))

Criteria and Marking: Students are assessed on cadaveric structures of the Skeletal System, Muscular System. Students may seek feedback after the deferred lab exam 1 is completed. Exam Format: Online Zoom Moodle guiz, invigilation with camera from behind at an angle

5. Evidence of Learning Task 5: Lab exam 2 - assessing Module 3 and 4 (Nervous System and Special Senses(15%)

Task Type: Exam Due Week: 9 Weight: 15%, Length: 20 min Quiz Type: Closed book, invigilated Task Description: Timed randomised labelling questions and short open answer questions designed to assess knowledge of laboratory content, mainly anatomy-based content (30 questions worth 1 mark each, 20 min quiz; 40 seconds on average per question; no backtracking)) Criteria and Marking: Students are assessed on the Nervous System and Special Senses, Students may seek feedback after the deferred lab exam 2 is completed.

Exam Format: Online Zoom Moodle guiz, invigilation with camera from behind at an angle

6. Evidence of Learning Task 6: Lab exam 3 - assessing Module 5 and 6 (Endocrine System and Reproductive System, including Pregnancy and Development) (10%)

Task Type: Closed book Moodle quiz Due Week: 12 Weight: 10%, Length: 15 min Quiz Type: Closed book, invigilated Task Description: Timed randomised labelling questions and short open answer questions designed to assess knowledge of laboratory content, a variety of histology slides, diagrams, and labeling questions (20 questions worth 1 mark each, 15 min quiz; 40 seconds on average per question; no backtracking) Criteria and Marking: Students are assessed on the Endocrine System and Reproductive System (incl

Criteria and Marking: Students are assessed on the Endocrine System and Reproductive System (incl. Pregnancy and Development). Students may seek feedback after the deferred lab exam 3 is completed. Exam Format: Online Zoom Moodle quiz, invigilation with camera from behind at an angle

In order to pass this Course, students must:

A. Attempt all assessment items AND

- B. demonstrate assurance of learning of all learning outcomes through graded Evidence of Learning Tasks AND
- C. achieve an overall course result (sum of all assessments) of at least 50%

5.3 Late Submission

An Evidence of Learning Task submitted after the due date, without an approved extension from the teacher, will be penalised. The standard penalty is the reduction of the mark allocated to the Evidence of Learning Task by 5% of the maximum mark applicable for the Evidence of Learning Task, for each calendar day that the task is late. Evidence of learning tasks submitted more than seven calendar days after the due date are awarded zero marks.

Please refer to the Griffith College website - Policy Library > <u>Assessment Policy</u> for guidelines and penalties for late submission.

5.4 Other Information about Evidence of Learning

Retention of Originals

You must be able to produce a copy of all work submitted if so requested. Copies should be retained until after the release of final results for the Course.

Requests for extension

To apply for an extension of time for an evidence of learning task, you must submit an <u>Application for Extension</u> of <u>Assignment</u> form to your teacher at least 24 hours before the date the assignment is due. Grounds for extensions are usually: serious illness, accident, disability, bereavement or other compassionate circumstances and must be able to be substantiated with relevant documentation [e.g. <u>Griffith College Student Medical</u> <u>Certificate</u>]. Please refer to the Griffith College website – <u>Policy Library</u> for guidelines regarding extensions and deferred Evidence of Learning Tasks.

Return of Evidence of Learning Tasks

- Marks awarded for in-trimester evidence of learning tasks, except those being moderated externally with Griffith University, will be available on the course site within fourteen [14] days of the Due Week. This does not apply to the final evidence of learning task in this course (marks for this task will be provided with the final course result).
- 2. Students will be advised of their final grade through the Digital Campus. Students can review their final exam papers after student grades have been published. Review of final exam papers will not be permitted after the final date to enroll.
- 3. Marks for **all** evidence of learning tasks including the final exam (if applicable) will be recorded in the Course Site and made available to students through the Course Site.

The sum of your marks of evidence of learning tasks in this course does not necessarily imply your final grade for the course. Standard grade cut off scores can be varied for particular courses, so you need to wait for the official release of grades to be sure of your grade for this course.

6. Policies & Guidelines

Griffith College Evidence of Learning Tasks-related policies can be found in the <u>Griffith College Policy Library</u> which include the following policies:

Assessment Policy, Special Consideration, Deferred Assessment, Alternate Exam Sittings, Medical Certificates, Academic Integrity, Finalisation of Results, Review of Marks, Moderation of Assessment, Turn-it-in Software Use. These policies can be accessed within the Policy Library

Academic Integrity Griffith College is committed to maintaining high academic standards to protect the value of its qualifications. Academic integrity means acting with the values of honesty, trust, fairness, respect and responsibility in learning, teaching and research. It is important for students, teachers, researchers and all staff to act in an honest way, be responsible for their actions, and show fairness in every part of their work. Academic integrity is important for an individual's and the College's reputation.

All staff and students of the College are responsible for academic integrity. As a student, you are expected to conduct your studies honestly, ethically and in accordance with accepted standards of academic conduct. Any form of academic conduct that is contrary to these standards is considered a breach of academic integrity and is unacceptable.

Some students deliberately breach academic integrity standards with intent to deceive. This conscious, pre-

meditated form of cheating is considered to be one of the most serious forms of fraudulent academic behaviour, for which the College has zero tolerance and for which penalties, including exclusion from the College, will be applied.

However, Griffith College also recognises many students breach academic integrity standards without intent to deceive. In these cases, students may be required to undertake additional educational activities to remediate their behaviour and may also be provided appropriate advice by academic staff.

As you undertake your studies at Griffith College, your teachers and academic advisors will provide you with guidance to understand and maintain academic integrity; however, it is also your responsibility to seek out guidance if and when you are unsure about appropriate academic conduct.

In the case of an allegation of a breach of academic integrity being made against a student he or she may request the guidance and support of a Griffith College Student Learning Advisor or Student Counsellor.

Please ensure that you are familiar with the Griffith College Academic Integrity Policy; this policy provides an overview of some of the behaviours that are considered breaches of academic integrity, as well as the penalties and processes involved when a breach is identified.

For further information please refer to the Griffith College website - Policy Library > Academic Integrity Policy

Reasonable Adjustments for Evidence of Learning Tasks - The Disability Services policy

The <u>Disability Services policy</u> (accessed within the <u>Policy Library</u>) outlines the principles and processes that guide the College in making reasonable adjustments to Evidence of Learning Tasks for students with disabilities while maintaining academic robustness of its programs.

Risk Assessment Statement

This course follows Griffith College and Griffith University Workplace Health and Safety Laboratory guidelines.

The aim of workplace health and safety is to make sure that people do not get sick or injured at the workplace. The legislation dealing with this in Queensland is called the Workplace Health and Safety Act, 1995. Anyone who can affect workplace health and safety has an obligation under this Act.

As a student, you have an obligation to yourself and others to undertake activities in a safe manner. You must follow instructions which are provided for safety. You must not put yourself or anyone else at risk. Care especially needs to be taken when you are performing activities which can affect others. Additional Laboratory Rules if applicable will be available on the course site via the Griffith College Digital Campus.

It is imperative that students follow all health and safety procedures & clinical nursing guidelines, as well as any staff instructions given whilst in the lab.

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