



Queensland, Australia

Course Code:	1014MSC
Course Name:	Cells, Tissues & Regulation
Semester:	Semester 1, 2016
Program:	Diploma of Health Sciences
Credit Points:	10
Course Coordinator:	Dr Michael Hahn
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Teaching Team

Your lecturer/tutor can be contacted via the email system on the portal.	
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Staff Consultation

Your lecturer/tutor is available each week for consultation outside of normal class times. Times that your lecturer/tutor will be available for consultation will be given in the first week of lectures. A list of times and rooms will be published on the Griffith College Portal under the "myTimetable" link.

Prerequisites

To successfully enrol in 1014MSC, you must provide evidence that you have completed the following course or are concurrently enrolled in it whilst undertaking Cells, Tissues and Regulation.

- 1001MSC - Essentials of Chemistry & Physics

Brief Course Description

Cells, Tissues and Regulation is a 10 Credit Point course situated within the first semester of the Diploma of Health Science. The Diploma of Health Science is designed to provide students with a pathway to:

- * further university studies in the Health Sciences, or
- * direct employment.

This course describes the functions of cells and the tissues they form, and how the trillions of cells within the body communicate with one another. In addition, how cells and tissues are regulated to control variables such as body temperature, blood glucose levels and blood pressure in maintaining the body's internal balance (homeostasis). More specifically, the following topics are covered: (1) cellular structure and function, as well as the features of different tissues types formed by the different cell types; (2) cell-to-cell communication within the nervous and endocrine systems; (3) homeostatic mechanisms that maintain internal balance within the body by controlling variables such as temperature, blood glucose levels and blood pressure. The roles of the nervous and endocrine systems in homeostatic control will also be discussed; (4) the importance of microbiology and the mechanisms by which microbes can produce sicknesses, disrupting body homeostasis. The material covered in this course will provide background knowledge that will assist in the understanding of topics covered in the Anatomy and Physiology courses in both semesters.

Rationale

Aims

The primary aims are:

- * to discuss in general the cellular basis of life
- * to describe how the human body is constructed, beginning with cells types and how these form tissues
- * to provide an overview on how tissues provide the functional framework for the rest of the body and to cover, in some detail, the control systems which allow cells and tissues to communicate and function within the body.

This course runs in conjunction with Anatomy and Physiology Systems 1 and 1001MSC - Essentials of Chemistry and Physics and knowledge will be integrated between these.

Cells, Tissues and Regulation is designed to complement and underpin the teaching of anatomy and physiology. More broadly, Cells Tissues and Regulation is one of eight courses delivered in the Diploma of Health Sciences to provide a foundation for entry into a wide range of other programs and fields of study, from microbiology and molecular genetics to biochemistry, pharmacy, physiotherapy, dentistry and medicine.

Learning Outcomes

On completion of this course you should be able to :

1. demonstrate an understanding of human body construction and function;
2. demonstrate an understanding of how body organisation links with different cells types that constitute the tissues of the body;
3. demonstrate an understanding of how endocrine and neural mechanisms allow communication between cells and tissues, controlling their function;
4. demonstrate an understanding of how disruption to homeostatic mechanisms can induce patho-physiological states;
5. demonstrate competency in basic light microscopy and tissue identification, and an understanding of how osmolarity and tonicity can be investigated experimentally

Texts and Supporting Materials

Required Texts:

- * Marieb, E.N. & Koehn, K. (2016) Human Anatomy and Physiology, 10th Edition, Pearson Benjamin Cummings, San Francisco (prescribed text for the course).
- * Marieb, E.N. & Mitchell, S. (2012) Human Anatomy and Physiology Laboratory Manual, 9th ed, Pearson Benjamin Cummings, San Francisco.
- * Cells, Tissues & Regulation (1014MSC) Laboratory Guide. This guide can be downloaded from the course website. It will also be included with the printed lecture notes.

Recommended Reading:

- * Silverthorn, D.U. (2012). Physiology- Custom publication for Griffith University prepared for 1014MSC, Pearson, Australia (Another prescribed text. It is great for introducing and integrating physiological concepts. This is a special edition published for this course.
- * Bear, M.F., Connors, B.W. & Paradiso, M.A. (2007). Neuroscience: Exploring the Brain, 3rd ed, Lippincott Williams & Wilkins, Baltimore. (A great book for introducing concepts in neuroscience).
- * Lee, G & Bishop, P (2013). Microbiology and infection control for health professionals. Pearson, Australia (this book can be a reference source for the section on Microbiology).

NOTE: A bound copy of the entire lecture notes can be purchased from the Griffith bookshop.

Please note that the Marieb text and lab manual will be used for the rest of the Diploma.

Required Support Materials (available from Science Store G26_3.12):

- * Laboratory coat
- * Laboratory kit

Please Note: It is necessary to purchase only one set of laboratory support materials for use across your Diploma program.

The Laboratory Rules document available on the course site via the Griffith College Student Portal.

Organisation and Teaching Strategies

Teaching methods will include lectures, as well as practical laboratories and tutorials. The teaching methods aim to provide students with the necessary tools to develop a strong knowledge base in cells, tissues and regulation. Students will gain practical skills, and develop competence in team work and problem solving in the laboratory setting.

Lecture notes, lecture slides and laboratory requirements, together with advice and/or links to study skill assistance etc will be included on the course site on Griffith College's Student Portal.

Class Contact Summary

Classes for Cells, Tissues and Regulation include the following:

- * **Lectures:** 3 hours per week.
- * **Tutorials/Workshops:** 2 hours per week (week 1 - 13 inclusive).
- * **Laboratories:** Two 2 hour laboratory sessions in weeks 1, 3, 5, 7 and 10. . The first lab in week 1 will include an induction session.

Students will complete the Competency-Based Lab Examination during the last lab session in week 10 and present their Research Project in a seminar in week 11.

Laboratory (competency based) examination to cover material and skills that likely include:

- * operation of light microscope
- * use of oil immersion to identify bacteria
- * identification of histological sections
- * osmolarity calculation/estimation

Note: ATTENDANCE AT LABORATORIES AND LABORATORY TUTORIALS IS COMPULSORY. . These practical sessions provide learning activities that are essential to the learning outcomes in this course. Students will work in small groups to conduct experiments and develop problem solving skills. Students are expected to attend their scheduled laboratory class except in extenuating circumstances.

An attendance roll will be maintained for all laboratories. Students must read the Laboratory Safety requirements prior to attending their first laboratory, and comply with the dress and behaviour codes as described; Students **MUST WEAR LABORATORY COATS AND CLOSED IN SHOES FOR ALL LABORATORIES**. Students will be required to bring their laboratory manuals to laboratories. Content covered in these laboratories complements lecture material and hence will be assessed in both laboratory reports and examinations.

IMPORTANT: All students must undertake the on-line health and safety training prior to being permitted entry into laboratories, and be familiar with the contents of the Laboratory Rules booklet.

As part of your studies you are required to complete the following online Health and Safety Induction modules before you commence your formal learning activities.

- 1. Student Basic Health and Safety Induction module (no need to print off completion certificate)**
- 2. Health Lab Safety Induction module (you are required to print off the completed certificate and present it at your first laboratory session.)**

Attendance

100% attendance is expected for all classes. You are reminded that your attendance in class will be marked for all elements. To receive full attendance, you must be present in the classroom on all occasions.

You are expected to bring work done at home to class for group and individual discussion. Further development of ideas is expected during tutorial time.

Preparation and Participation in Class

You are expected to read your text book and the lecture notes plus attempt any tutorial/workshop exercises before class so that each week you can actively contribute to your learning and the learning of others in your classes. You are expected to ask and answer questions and to initiate discussions and stimulate debate in group and class situations.

Consultation Times

Attendance during consultation times is optional but you are encouraged to use this extra help to improve your learning outcomes.

Course Materials

Lecture notes will be made available to you on the Griffith College student portal and you are advised to print these out and bring them to each class so that extra notes can be added.

Independent Study

Independent study requires that you spend time outside classes engaged in research necessary to complete your assignments. Research includes reading the required text books, using library and internet facilities. For this 10 CP course, you will need to spend at least 10 hours per week engaged in activities that will help your learning and fulfil the course objectives. Thus, provided you have well used the formal contact hours each week, you would then complete any remaining hours engaged in independent study.

Program Progression

You are reminded that satisfactory Program Progression requires that attendance in classes is maintained at equal to or greater than 80%, and that GPA is maintained at equal to or greater than 3.0 in any semester [please see Griffith College Policy and Procedures Library - Program Progression Policy - for more information].

Content Schedule

The contents of the course include:

- * an overview of body organisation with the different cells types which constitute the tissues of the body.
- * an overview of how endocrine and neural mechanisms allow communication between cells and tissues, controlling their function.
- * an overview of homeostatic control
- * coverage of:

- cells; variation in cell type and function; tissues: connective, epithelial, neural and muscular;
- cell membranes: diffusion, transport, osmosis and tonicity; cell membranes: resting membrane potentials and action potentials; neural activity and synapses;
- endocrine activity and receptors;
- introduction to renal control over blood pressure, salt and water balance;
- homeostasis: overview and specific examples;
- introduction to microbiology

* an overview of how disruption to homeostatic mechanisms can induce pathophysiological states, such as heat stroke and diabetes. Disease and dysfunction are not the major foci of the course, yet the topic of 'health' does receive some attention.

* basic light microscopy and cell and tissue identification, and how osmolarity and tonicity are investigated experimentally.

Laboratory topics:

Week 1 : 1 Compulsory Laboratory Introduction /Induction and Light Microscopy

Week 3 : Tissues

Week 5: Osmolarity and tonicity

Week 7 : Introduction to microbiology

Week 10 : Competency based laboratory exam

Weekly Teaching Schedule

Week	Topic	Activity	Readings
1	Structure and function of cells	Lecture	Marieb; Silverthorn
	Introduction to course and assessment.	Tutorial	
	Introduction to course and assessment.	Workshop	
	Compulsory Laboratory Introduction/Induction and Light Microscopy	Laboratory	Lab Manual
2	From cells to tissues: Reviews the four basic tissue types- epithelium, connective tissue, nervous tissue and muscle (including The Integumentary System)	Lecture	Marieb; Silverthorn
	From cells to tissues: Reviews the four basic tissue types- epithelium, connective tissue, nervous tissue and muscle.	Tutorial	
	From cells to tissues: Reviews the four basic tissue types- epithelium, connective tissue, nervous tissue and muscle	Workshop	
3	Tissues	Lecture	Silverthorn ; Marieb
	Tissues	Tutorial	
	Tissues	Workshop	
	Tissues	Laboratory	Lab Manual
4	Diffusion, Osmosis and Active Transport	Lecture	; Silverthorn ; Marieb
	Diffusion, Osmosis and Active Transport	Tutorial	
	Diffusion, Osmosis and Active Transport	Workshop	
5	Introduction to Microbiology	Lecture	; Marieb
	Introduction to Microbiology	Tutorial	
	Introduction to Microbiology	Workshop	
	Osmolarity and tonicity	Laboratory	Lab Manual
6	Cellular neuroscience: structure of the neuron, the resting membrane potential	Lecture	Marieb; Silverthorn; Bear
	Cellular neuroscience: structure of the neuron, the resting membrane potential	Tutorial	
	Cellular neuroscience: structure of the neuron, the resting membrane potential	Workshop	
7	Cellular neuroscience: the action potential	Lecture	Lab Manual ; Lee & Bishop
	Cellular neuroscience: the action potential	Tutorial	
	Cellular neuroscience: the action potential	Workshop	
	Introduction to Microbiology	Laboratory	Lab Manual
8	Cell-to-cell communication: fast (synapses) and slow (hormones)	Lecture	Marieb
	Cell-to-cell communication: fast (synapses) and slow (hormones)	Tutorial	
	Cell-to-cell communication: fast (synapses) and slow (hormones)	Workshop	
9	Cell-to-cell communication: slow (hormones) endocrine overview.	Lecture	Silverthorn ; Marieb
	Cell-to-cell communication: slow (hormones) endocrine overview.	Tutorial	
	Cell-to-cell communication: slow (hormones) endocrine overview.	Workshop	
10	Principles of Homeostasis, Thermoregulation.	Lecture	Silverthorn ;Marieb
	Principles of Homeostasis, Thermoregulation.	Tutorial	
	Principles of Homeostasis, Thermoregulation.	Workshop	
	Lab prac exam	Laboratory	Lab Manual
11	Homeostasis: renal function, control over blood pressure, fluid balance.	Lecture	Silverthorn ; Marieb
	Homeostasis: renal function, control over blood pressure, fluid balance.	Tutorial	
	Homeostasis: renal function, control over blood pressure, fluid balance.	Workshop	
12	Homeostasis: blood calcium, blood glucose.	Lecture	Silverthorn ; Marieb
	Homeostasis: blood calcium, blood glucose.	Tutorial	
	Homeostasis: blood calcium, blood glucose.	Workshop	
13	Review	Lecture	
	Review	Tutorial	
	Review	Workshop	

Assessment

This section sets out the assessment requirements for this course.

Summary of Assessment

Item	Assessment Task	Weighting	Relevant Learning Outcomes	Due Date
1	Mid semester examination	25%	1-2	6
2	Competency based laboratory examination	15%	1-4	10
3	Research project	15%	1-2-3-4	11
4	End of semester examination - Students must pass this assessment with a mark of at least 20 out of 50 to pass the course	45%	1-4	14

Assessment Details

1. Health and safety induction module

Rationale: As a new student enrolled in the health sciences we wish to ensure that your period of study with us is a safe and enjoyable one. As part of your studies you are required to complete the following Health and Safety Induction modules before you commence your formal learning activities.

Assessment strategy: completion of online modules prior to the first laboratory session. Presentation of a printed copy of the Health Lab Safety Induction module to your laboratory demonstrator.

Due date: before or during your first laboratory session in week 1.

Marking criteria: online submission.

2. Mid-semester examination

Rationale: to examine knowledge acquired up to the end of week 5.

Assessment strategy: the exam will contain multiple choice questions as well as a number of short answer questions.

Marking criteria: Answers to multiple choice questions and comparison with model short question answers.

3. Competency-based laboratory examination

Rationale: assessment of knowledge gained from laboratories, including laboratory skills and procedures.

Assessment strategy: This will consist of 6-10 exercises to be completed in the laboratory. Satisfactory completion of these tasks is required if students are to pass the course.

Laboratory (competency based) examination to cover material and skills that likely include:

operation of light microscope

use of oil immersion to identify bacteria

identification of histological sections

osmolarity calculation/estimation

Marking criteria: demonstration of procedures and written answers to questions

4. Research project:

Rationale: development and assessment of research and referencing skills, and capacity to work in a cohesive group. The laboratory research project is designed to introduce students to scientific research and the role it plays in the creation of original knowledge. Students will complete the project in small groups and present their results in poster format in class of week 11. Details of the marking criteria will be available on the student portal. Students will be required to submit the text of their research project to Turnitin (plagiarism detection software) before completing the creation of their posters. A guide to the use of Turnitin will be provided on the student portal.

Assessment strategy: students will work in groups throughout the semester to prepare a poster for submission in week 10. This poster will then be presented to the rest of the class in week 11.

Marking criteria: peer and staff assessed.

5. End of semester examination:

Rationale: to examine knowledge acquired throughout the course.

Assessment strategy: the end of semester examination will cover material from the entire year, but with more emphasis on material covered after the midsemester examination. This will be a three hour examination.

Marking criteria: the exam will contain an approximately equal weighting of multiple choice and written answer questions.

Further detailed explanations of assessment expectations will be provided during class and where necessary on the course site on the student portal.

IMPORTANT NOTE: In order to pass this course and in addition to meeting the laboratory requirements, students must:

1. attend and attempt both the mid and final semester examinations; AND
2. obtain at least 40% (20/50) in the end of semester examination, AND
3. achieve an overall course result (sum of all assessments) of 50%

Submission and Return of Assessment Items

Normally you will be able to collect your assignments in class within fourteen [14] days of the due date for submission of the assignment.

Retention of Originals

You must be able to produce a copy of all work submitted if so requested. Copies should be retained until after the release of final results for the course.

Extensions

To apply for an extension of time for an assignment, you must submit an Application for Extension of Assignment form to your teacher at least 24 hours before the date the assignment is due. Grounds for extensions are usually: serious illness, accident, disability, bereavement or other compassionate circumstances and must be able to be substantiated with relevant documentation [e.g. Griffith College Medical Certificate]. Please refer to the Griffith College website - Policy Library - for guidelines regarding extensions and deferred assessment.

Assessment Feedback

Your assessment will be marked by your peers and the convenor so that you can learn from your work. Feedback will be provided so that you can see the level you have reached in any skill. Your tutor will give you comments on your work and will be happy to discuss your assessment further, if you wish. You may see your tutor in his/her consultation time.

Marks awarded for assessment items will also be available on the Griffith College Student Portal within fourteen [14] days of the due date for submission of the assessment.

Generic Skills

Griffith College aims to develop graduates who have an open and critical approach to learning and a capacity for lifelong learning. Through engagement in their studies, students are provided with opportunities to begin the development of these and other generic skills.

Studies in this course will give you opportunities to begin to develop the following skills:

Generic Skills	Taught	Practised	Assessed
Written Communication	Yes	Yes	Yes
Oral Communication		Yes	
Information Literacy		Yes	
Secondary Research		Yes	Yes
Critical and Innovative Thinking	Yes	Yes	Yes
Academic Integrity	Yes	Yes	Yes
Self Directed Learning		Yes	Yes
Team Work	Yes	Yes	Yes
Cultural Intelligence	Yes	Yes	
English Language Proficiency		Yes	Yes

Additional Course Generic Skills

Additional Course Information

Your feedback is respected and valued by your lecturers and tutors. You are encouraged to provide your thoughts on the course and teaching, both positive and critical, directly to your lecturer and tutor or by completing course and lecturer evaluations on the Griffith College portal whenever these are available.

Student feedback on their courses can be found by going to 'Student Feedback' under Support in the QBT Student Portal.

Academic Integrity

Griffith College is committed to maintaining high academic standards to protect the value of its qualifications. Academic integrity means acting with the values of honesty, trust, fairness, respect and responsibility in learning, teaching and research. It is important for students, teachers, researchers and all staff to act in an honest way, be responsible for their actions, and show fairness in every part of their work. Academic integrity is important for an individual's and the College's reputation.

All staff and students of the College are responsible for academic integrity. As a student, you are expected to conduct your studies honestly, ethically and in accordance with accepted standards of academic conduct. Any form of academic conduct that is contrary to these standards is considered a breach of academic integrity and is unacceptable.

Some students deliberately breach academic integrity standards with intent to deceive. This conscious, pre-meditated form of cheating is considered to be one of the most serious forms of fraudulent academic behaviour, for which the College has zero tolerance and for which penalties, including exclusion from the College, will be applied.

However, Griffith College also recognises many students breach academic integrity standards without intent to deceive. In these cases, students may be required to undertake additional educational activities to remediate their behaviour and may also be provided appropriate advice by academic staff.

As you undertake your studies at Griffith College, your lecturers, tutors and academic advisors will provide you with guidance to understand and maintain academic integrity; however, it is also your responsibility to seek out guidance if and when you are unsure about appropriate academic conduct.

Please ensure that you are familiar with the [Griffith College Academic Integrity Policy](#); this policy provides an overview of some of the behaviours that are considered breaches of academic integrity, as well as the penalties and processes involved when a breach is identified.

For further information please refer to the Academic Integrity Policy on the Griffith College website – Policy Library.

Risk Assessment Statement

This course follows Griffith College and Griffith University Workplace Health and Safety Laboratory guidelines.

The aim of workplace health and safety is to make sure that people do not get sick or injured at the workplace. The legislation dealing with this in Queensland is called the Workplace Health and Safety Act, 1995. Anyone who can affect workplace health and safety has an obligation under this Act.

As a student, you have an obligation to yourself and others to undertake activities in a safe manner. You must follow instructions which are provided for safety. You must not put yourself or anyone else at risk. Care especially needs to be taken when you are performing activities which can affect others. Please refer to the Laboratory Rules document available on the course site via the Griffith College Student Portal.

Students must wear closed in shoes to all laboratory sessions for workplace health and safety reasons.

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